



**UNIVERSITI TEKNOLOGI MARA
NEGERI SEMBILAN BRANCH**

**PERCEPTION TOWARDS PHYSICAL
EDUCATION AND ITS IMPACT ON
SECONDARY SCHOOLS STUDENTS'
ATTITUDES**

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**BACHELOR OF SPORT MANAGEMENT
(HONS.)**

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DECLARATION OF ORIGINAL WORK
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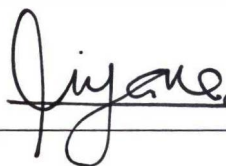
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All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

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ABSTRACT

The main purpose of this study was to investigate the perception towards physical education and its impact among secondary schools students'. A questionnaire was administered to 128 male and female students of SMK Bagan Serai, Perak. Descriptive statistic indicated the significant frequency score of demographic profile based on gender male (\bar{x} =65) and female (\bar{x} =63). Students' attitudes towards PE, their perception of PE lessons, perceived values of physical activities and perceived athletic competence were assessed. It was found that most students in that school were having favourable attitudes towards PE lessons. Students expected to have PE lesson at least once a week. This study was found that, students are like to do PE lessons on their school subject. Our students enjoyed in the PE lessons. It's because, PE lessons have a fun, could release tension and build self confident. Attitude students' of PE lessons is a male more like to do PE lessons rather than a girls. Male students are more adopted towards PE lessons. A sports participation of our students a difference based on the level (school = 46.9%, district = 38.3%, state = 13.3% and national = 1.6%).