



**FACULTY OF MUSIC  
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**PRACTICE HABITS AMONG GUITAR STUDENTS IN FACULTY OF  
MUSIC UITM SHAH ALAM**

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*"In the name of Allah, the Most Gracious and the Most Merciful"*

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## **ABSTRACT**

Practice habits are training that doing in repeatedly which means every exercise that students play are be repeated. The aim of practice is to improve playing. Practices for every instruments need to be in a healthier way and with a right techniques so that the practicing will develop a good playing and also can avoid from the injuries. The purpose of this study is to investigate the practice habits and the position of practicing among guitar students. The sample for this study is 50 respondents of the diploma and degree students (n=50) from the Faculty of Music, UiTM Shah Alam.

# CHAPTER 1

## INTRODUCTION

### 1.1 Background of the Study

Guitars are some of the oldest musical instruments ever created, managing to travel with the United States over 4 thousand years of recent history with thousands of variations, huge and little forms and with several styles that influenced infinite musical genres. The first guitar has appeared in the ancient civilization of the Middle East. This attractive instrument was managed to capture the attention of humankind. Guitars were traveled entire of the world and achieving its final “classical acoustic guitar” type simply very little quite a hundred years past (Guitar History Facts, 2018).

According to Tspo21, there are 69% of people who would like to learn how to play an instrument. Tspo21 also stated that there are 29% of people who would like to learn how to play guitar but the people who can play the guitar only 7%. Other than that, the percentage of a guitar player by gender is more to the male which is consists of 90% while the female is 10%. Furthermore, the highest percent of the age of people who play guitar is people who are under 20 years old which consists of 42%. While the lowest percentage of the age of people who play guitar is people who are age 30 to 39. The percentage is 11% (Maggie Killion, 2018).

Based on the information, it shows that many people are interested to play instruments including guitar but do they know the right technique of practicing or playing? According to the Bereau of Labor and Statistic, there were 173,300 professional musicians in the United States in 2014 were getting injured. Moreover,