

UNIVERSITI TEKNOLOGI MARA

**RELATIONSHIP BETWEEN POSTURAL
ANGLE AND WORK – RELATED
MUSCULOSKELETAL DISORDER (WMSD)
AMONG THERMAL FOGGING OPERATORS**

NUR AMANINA NAJWA BINTI HAIZAN

Project submitted in fulfillment of the requirements for the
degree of
Bachelor in Environmental Health and Safety
(Hons.)

Faculty of Health Sciences

July 2018

DECLARATION BY STUDENT

Project entitled “Relationship between Postural Angle and Work – Related Musculoskeletal Disorder (WMSD) among Thermal fogging Operators” is a presentation of my original research work. Whenever contributions of others are involved, every effort is made to indicate this clearly, with due reference to literature, and acknowledgement of collaborative research and discussions. The project was done under the guidance of Project Supervisor, Dr. Abdul Mujid bin Abdullah. It has been submitted to the Faculty of Health Sciences in partial fulfilment of the requirement for the Degree of Bachelor in Environmental Health and Safety (Hons).

Student’s signature:

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(Nur Amanina Najwa binti Haizan)

2014606962

950713-14-7512

Date:

ACKNOWLEDGEMENT

In the name of Allah, The Most Gracious, The Most Merciful

Alhamdulillah, all praises to Allah S.W.T. The Supreme Lord of the Universe. Peace and blessings to Nabi Muhammad S.A.W., all prophets and their families. I praise Allah S.W.T. for the strength and His blessings in completing my final year project.

Thousands of thanks and love would not be enough to express my parents, Mr. Haizan bin Mohamad and Mrs. Noraniza binti Mohd Yatim attribution for their support and encouragements through thick and thin of my study.

Bearing in mind previous I am using this opportunity to express my deepest gratitude and appreciation to my dearest supervisor, Dr. Abdul Mujid bin Abdullah for his continuous patience, motivation, enthusiasm and immense knowledge. His guidance and idea contribute major help in completing my research. His broad knowledge in ergonomic study really triggers me to have views and ideas in my ergonomic study on thermal fogging operators.

I would like to warmly thank Health District Office of Melaka Tengah for willingly approves my study there. My sincere appreciation and gratitude goes to all staff from the department who gave their full cooperation and assisted me in many ways throughout my study. A very special thanks to my friends from HS 243 who always give me support and motivation during our study. Lastly, I would like to thank everyone who involved directly and indirectly in this study. Thank you.

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ABSTRACT

Introduction: Thermal fogging operators were exposed to heavy physical activity that involves awkward posture and lifting heavy load. The objective of this study was to investigate the relationship between postural angle and work-related Musculoskeletal Disorders (WMSDs) amongst thermal fogging operators. **Methods:** A cross-sectional study was conducted on 24 thermal fogging machine operators at Melaka Tengah District Health Office. The inclusion criteria were male, age (20-50 years old), thermal fogging operator at Melaka Tengah District Health Office, working experience more than one year and able to read and write; literate. Standardize Nordic Musculoskeletal Questionnaire (SNMQ) was distributed to determine the prevalence of WMSDs. A video camera was used to observe the changes of postural angles while performing thermal fogging activities. A Chi-Square test was used to identify the relationship between postural angle and WMSDs. **Result:** There was a significant relationship between the changes of selected postural angles (neck, shoulder, arm, wrist, upper and lower limb) with WMSDs, $P < 0.05$. **Conclusion:** Lifting heavy thermal fogging machine leads to the changes of postural angle and eventually contributing to WMSDs. Therefore, converting to a lighter thermal fogging machine is the practical approach to reduce the incidence of WMSDs in the future.

Keywords: WMSDs, postural angle, thermal fogging operators