

IABC

The 6th International
Accounting and Business
Conference

2019

THE 6TH INTERNATIONAL ACCOUNTING & BUSINESS CONFERENCE 2019

*Towards Greater Transparency, Accountability
& Sustainability in Financial Governance*

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TABLE OF CONTENT

No.	Particulars	Page
1.	Foreword – Vice Chancellor, Universiti Teknologi MARA	2
2.	Foreward - Chairman, Indonesia Banking School	3
3.	Foreword – Rector, Universiti Teknologi MARA Cawangan Johor	4
4.	Foreword – Chairperson, International Accounting and Business Conference 2019	5
5.	Foreword – Chairperson, International Accounting and Business Conference 2019	6
6.	Itinerary – Programme Schedule	7
7.	Keynote Speaker	8
8.	Parallel Session Schedule	9
9.	Abstracts	23
10.	Organising committee	101
11.	Collaborators	103
12.	Acknowledgement	104
13.	Sponsor	105

IABC2019-060**FACTORS INFLUENCING JOB STRESS AMONG MALAYSIAN TRAFFIC POLICE OFFICERS**

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Abstract

Traffic police officers face many challenges in their line of duty to the protect the country and its citizens. Despite, the significance of traffic police officers to the community and the country, lack of studies specifically on how workload, reward system, and work-life balance affects job stress among traffic police officers are apparent. Job stress creates tension in the working environment, and this research aims to solve and find out what is the cause for job stress. The observational review was finished by utilizing a poll and questionnaires as a measuring instrument. The questionnaires were composed based on the literature review and have inquiries and things significant to the underlying research issues by using five-point Likert scale type questions. Survey data were gathered from questionnaires distributed to 300 respondents at a Traffic Police Office in Kuala Lumpur, Malaysia. A total of 100 returned questionnaires were used in statistical analysis. The results indicated that the relationship between work-life balance and job stress was significant while there were no significant relationships between workload, reward system, and job stress. The limitations of this study are addressed and suggestions for practitioners and future research were recommended.

Keywords: *Job Stress, Workload, Work-life Balance, Reward system*