

**UNIVERSITI TEKNOLOGI MARA**

**COMPARATIVE STUDY OF THE  
EFFECTIVENESS OF SERAI WANGI (LOCAL  
PRODUCT) AND LAVENDER (INTERNATIONAL  
PRODUCT) IN REDUCING STRESS AMONG  
NURSING STUDENTS: A RANDOMIZED  
CONTROLLED TRIAL**

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**Project Submitted is a Fulfilment of the**

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## AUTHOR'S DECLARATION

I declare that the work in this dissertation was carried out in accordance with regulations of Universiti Teknologi MARA (UiTM). It is original and it is the result of my own work. This topic has not been submitted to any other academic institution or non- academic institution for any degree or other qualification in this time.

In the event that my dissertation is found to violate the condition mentioned as above, I voluntarily waive the right of conferment my degree and agree to be subjected to the disciplinary rules and regulation of UiTM.


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