



**A STUDY ON RELATIONSHIP BETWEEN JOB STRESS AND
JOB SATISFACTION AMONG EMPLOYEE IN SIME DARBY
PLANTATIONS SDN. BHD.**

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“DECLARATION OF ORIGINAL WORK”

I, MUHAMMAD FAIZ BIN MOHD ZABIDI, (I/C Number: 880828-56-5625)

Hereby, declare that,

- This work has not previously been accepted in substance for any degree, locally or overseas and is not being concurrently submitted for this degree or any other degrees
- This project paper is the result of my independent work and investigation, except where otherwise stated
- All verbatim extracts have been distinguished by quotation mark and sources of my information have been specifically acknowledged

Signature: _____ Date: _____

LETTER OF SUBMISSION

27th April 2011

The Head of Program
Bachelor of Business Administration (Hons) Finance
Faculty of Business Management
Universiti Teknologi MARA
Kampus Bandaraya Melaka

Dear Madam,

SUBMISSION OF PROJECT PAPER

Attached is the project paper titled "A Study On Relationship Between Job Stress And Job Satisfaction Among Employee In Sime Darby Plantations Sdn. Bhd." to fulfil the requirement as needed by the Faculty of Business Management, Universiti Teknologi MARA (UiTM).

Thank you

Yours sincerely

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CHAPTER 1

1.0 Introduction

This research investigates the relationship between job stress and job satisfaction. The determinants of job stress that have been examined under this study include relationship with others, workload pressure, and performance pressure. The sample consists of an employee in the company Sime Darby Plantation Sdn. Bhd. Malaysia.

Job life is one of the important parts in our daily lives which cause a great deal of stress. Due to the competitive nature of the job environment most of the people in the world are spending their time for job related work purposes resulting ignore the stressor those are influencing their work and life. Usually people are more worry about their outcome of their work that can even affect the way they treat other people and how they communicate with their peers and customers. They may feel frustrated when they had problems with their peers and customers. This may leave a negative impact to the organization itself. Therefore, it is very important for employer and employees to realize the stress and the stressor that cause all the negative impact.

The number of an employee in company Sime Darby Plantation Sdn. Bhd. had increased tremendously for the past few years due to the mergers and acquisition action by the company itself with two giant plantations company in Malaysia, Guthrie Berhad and Golden Hope Plantation Bhd. Sime Darby Plantation Sdn. Bhd.