

UNIVERSITI TEKNOLOGI MARA

**THE PREVELANCE OF FEMALE ATHLETE
TRIAD AMONG INTERVARISTY TEAM
SPORT ATHLETES**

By

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DECLARATION**BACHELOR OF SPORT SCIENCE****FACULTY OF SPORT SCIENCE AND RECREATION****UNIVERSITI TEKNOLOGI MARA**

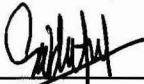
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This work has not previously been accepted in substances of any degree, locally or overseas and is not being concurrently submitted for any other degrees.

This project paper is the result of my independent work and investigation, except where otherwise stated, I absolve Universiti Teknologi Mara (UiTM) and Faculty of Sport Science and Recreation from any blames as result of my work

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ABSTRACT

This cross sectional study conducted to determine the relationship between risk of female athlete triad and selected team sport during intervarsity sport competition. A total of 170 female athlete which consist of netball (n=32), softball (n=29), futsal (n=55) and handball (n=52) completed LEAF questionnaire. Pearson Chi Square were used to determine the association of female athlete triad risk with selected team sport. A significant association observed between risks of female athlete triad with selected team sport ($X^2=32.61$, $df=3$, $p<0.001$). Therefore the athlete who involve in intervarsity sport competition had risk of having female athlete triad symptoms

Keywords: Female Athlete Triad, Intersivity Athlete, Team Sport.

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