

UNIVERSITI TEKNOLOGI MARA

**COACHES LEADERSHIP STYLES AS PREFERRED BY
DIFFERENT GENDER AMONG SUKMA JOHOR
ATHLETES**

By

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**Research Project Report submitted in partial fulfillment of the requirements
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AUTHOR'S DECLARATION

I declare that the work in this thesis/dissertation was carried out in accordance with the regulations of Universiti Teknologi MARA. It is original and is the results of my own work, unless otherwise indicated or acknowledged as referenced work. This thesis has not been submitted to any other academic institution or non-academic institution for any degree or qualification.

I, hereby, acknowledge that I have been supplied with the Academic Rules and Regulations for Post Graduate, Universiti Teknologi MARA, regulating the conduct of my study and research.

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ABSTRACT

Coaches' leadership style and coaching behavior is the style used by the coach as a leader for the team and the organization. There are various of style that can be used by the leader as long as it is suit with the team and in which the team can achieve high performance in the sports. The study was conducted on two group samples which is male (N = 75) and female (N = 75) athletes which total (N = 150) are participated in SUKMA event. Purposes of this study were to identify the coaches' leadership style as preferred by different gender among SUKMA Johor athletes. To collect data from subjects, the Leadership Scale for Sport (LSS) were used to examined style of coaching leadership that is preferred. Questionnaire distributed to athletes that are including a five factor solution with 40 items describing the most preferred dimension of coaching leadership was selected as the most meaningful. These factors were named *Training and Instruction*, *Democratic Behavior*, *Autocratic Behavior*, *Social Support*, and *Positive Feedback*. Male athletes more preferred the training and instruction coaching behavior which mean score 4.48 ± 0.12 and female are more preferred autocratic behavior which mean score 4.68 ± 1.24 .

Keywords: *Coach, Coaches' Leadership Style.*

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