

**PARENTAL SUPPORT AND PRESSURE ON
ATHLETES OF HIGH SCHOOL STUDENTS IN
MARANG DISTRICT**

By

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**Research Project Report submitted in partial fulfillment
of the requirements for Bachelor of Sports Science (Hons.)**

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DECLARATION

I, Mohamad Afiq bin Alias (I/C Number: 950322-11-5505) declare that the work in this thesis was carried out in accordance with the regulations of Universiti Teknologi MARA. It is original and is the results of my own work, unless otherwise indicated or acknowledged as referenced work.

This work has not previously been accepted in substances of any degree, locally or overseas and not being concurrently submitted for any degrees.

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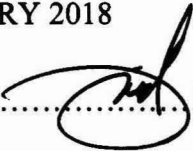
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ABSTRACT

The purpose of this study was to evaluate the level of parental support and pressure on athletes among high school students in the Marang district. A total of eighty athletes (N=80) were involved via purposive sampling in this study. The study was descriptive and used demographic questionnaire and (The Athlete Questionnaire support and pressure) as the instruments of data collection. Based on the descriptive statistics, the total parental support level is high which is 63.24 (SD=9.13) The total parental pressure level is also high which is 33.35 (SD=6.70). The results also show that there is a significant relationship ($p = 0.000$, $r = -0.778$) between parental support and parental pressure among high school students . In addition, the results for the independent T-Test, show that there is no significant different relationship between team and individual sports. There is no significant difference between the level of parental support and type of sport, which is $p = 0.34$, $p < 0.05$ for type of parental support and $p = 0.96$, $p < 0.05$ for parental pressure. The researcher evaluated the level of parental support and pressure among high school students in the Marang district. Furthermore, the researcher also evaluated the correlation between the level of parental support and pressure among school student in the Marang district.

KEYWORDS: *Parental support, Parental pressure, Type of sport, High school students*

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