



**FACTORS INFLUENCING WORK-LIFE BALANCE AMONG
MARRIED WOMEN EMPLOYEES IN PUTRA SPECIALIST HOSPITAL MELAKA**

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**BACHELOR OF BUSINESS ADMINISTRATION
WITH HONOURS (INTERNATIONAL BUSINESS)
FACULTY OF BUSINESS AND MANAGEMENT
UNIVERSITI TEKNOLOGI MARA CAWANGAN MELAKA
KAMPUS BANDARAYA**

JANUARY 2018

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**Submitted in Partial Fulfilment of the Requirement
for the Bachelor of Business Administration with Honours
(International Business)**

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DECLARATION OF ORIGINAL WORK



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“DECLARATION OF ORIGINAL WORK”**

I, Nurul Nabila Binti Azman, (I/C Number: 930130-06-5082)

Hereby, declare that:

- This work has not previously been accepted in substance for any degree, locally or overseas, and is not being concurrently submitted for this degree or any other degrees.
- This project-paper is the result of my independent work and investigation, except where otherwise stated.
- All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature:

Date: 9th January 2018

Nurul Nabila Binti Azman

LETTER OF SUBMISSION

Miss Munirah Mohamed
Senior Lecturer
Faculty of Business and Management
Universiti Teknologi MARA Cawangan Melaka
Kampus Bandaraya
110, Off Jalan Hang Tuah
75300 Melaka.

Dear Miss Munirah Mohamed,

SUBMISSION OF PROJECT PAPER (IBM 672)

Enclosed here is the project paper entitled “**Factors Influencing Work-Life Balance among Married Women Employees in Putra Specialist Hospital Melaka**” to fulfil the requirement as needed by the Faculty of Business and Management, Universiti Teknologi MARA (UiTM).

Thank you.

Yours sincerely,

Nurul Nabila Binti Azman

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ABSTRACT

In today's world, the concept "work-life balance" is considered to be one of the major issues that play an important role in organizational success. However, work-life balance is seen differently in different society. This paper aims to find out the reasons, which create work-life imbalance. Nowadays, a female employee faces more difficulties to balance between work and life than a male employee. This study focuses on married women employees in non-clinical departments. This study has been conducted based on primary research where a sample of 44 married women employees from different organizations is selected. Moreover, as for the sampling method in this study the researcher has use a non-probability sampling which is a convenience sampling as a sampling technique. Questionnaire was taken to reveal the factors that lead to the reason on an imbalance work-life. The study shows that the factors for which female employees are facing trouble to maintain a work-life balance are mostly because of family, work overload, working hours and work environment. The finding of the study focuses on formulating a structured guideline for the company so that the above mentioned factors can be omitted and female employees can balance their professional and personal life to get a better life in the future.