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**Name :** INDAH BINTI MOHD AMIN

**Title :** MECHANISM OF ALOE EMODIN-INDUCED APOPTOSIS IN ER+-BREAST  
CANCER CELLS, MCF-7

**Supervisor :** ASSOC. PROF. DR. NARIMAH ABDUL HAMID HASANI (MS)  
DR. SITI HAMIMAH SHEIKH ABDUL KADIR (CS)  
DR. NIK MOHD MAZUAN NIK MOHD ROSDY (CS)



Aloe emodin, an anthraquinone exhibits higher cytotoxicity to hepatoma, prostate and cervical cancer cells through cell cycle arrest and apoptosis compared to normal cells. However, its underlying mechanism on ER+-breast cancer cell death remains unclear. Therefore, this study was done to investigate aloe emodin cytotoxicity and its mechanism on estrogen receptor (ER)-positive (MCF-7), ER-negative breast cancer cells (MDA-MB-231) and control breast cells (MCF-10A) in comparison with tamoxifen. Cytotoxicity was determined using WST-1 proliferation assay and Trypan blue exclusion test. Apoptosis mechanism was investigated using Annexin V-FITC/PI staining and DNA fragmentation assay. Both genes and proteins involved in the regulation of cell cycle (p53, p21, CDK1, CDK2, cyclin B1 and cyclin E1) and apoptosis (Fas, FADD, Caspase-3, Caspase-8, Caspase-9, Bax, Bcl-2, and Cytochrome c) in aloe emodin-treated MCF-7 were determined using Quantigene 2.0 Plex and protein ELISA assays respectively. Maximum treatment time was set up to 72 hours in all assays. Aloe emodin inhibited the proliferation of MCF-7 with  $IC_{50}$  of  $80\mu M$ . No  $IC_{50}$  value was obtained on MDA-MB-231 and MCF-10A, even up to  $150\mu M$ . In contrast, tamoxifen was non-selective to all cells with  $IC_{50}$  of  $27\mu M$ ,  $19\mu M$  and  $42\mu M$ , respectively.  $IC_{50}$  values obtained were used in all the other assays. Results from Trypan blue exclusion test were in concordance with the proliferation assay. Study

on Annexin/PI staining showed the presence of early and late apoptosis ( $18.42\% \pm 3.53$  to  $29.25\% \pm 0.55$ ;  $p < 0.05$ ,  $n=3$  and  $28.45\% \pm 2.36$  to  $30.22\% \pm 0.56$ ;  $p > 0.05$ ,  $n=3$ , respectively) in aloe emodin and tamoxifen-treated MCF-7 cells. Accordingly, DNA fragmentation was observed. Aloe emodin and tamoxifen enhanced MCF-7 cytotoxicity through apoptosis. In cell cycle signalling, aloe emodin upregulated the expression of p53 and p21 proteins; while downregulating CDK1. Only CDK1 protein is in accordance with gene expression. In intrinsic apoptosis signalling, Bax, Cytochrome c and Caspase-9 proteins were upregulated; while no change observed in Bcl-2 protein. Except for Caspase-9, these results are in accordance with gene expression. In extrinsic apoptosis, Fas and Caspase-8 were upregulated, contrary to gene expressions. These findings indicate that aloe emodin cytotoxic action on MCF-7 cells is through G2/M arrest; both extrinsic and intrinsic apoptosis pathways. Its actions on G2/M phase arrest and activation of intrinsic apoptosis pathways were p53-dependent, while extrinsic apoptosis was p53-independent. Data obtained suggests (i) aloe emodin has potential as a selective apoptotic inducer in ER+-breast cancer management and (ii) and the present study could be used as a basic rationale for *in vivo* experiment setting.