



FACULTY OF ADMINISTRATIVE SCIENCE & POLICY
STUDIES
UNIVERSITI TEKNOLOGI MARA

STUDY ON LEVEL OF AWARENESS ON EATING
DISORDER AMONG UNDERGRADUATE STUDENTS OF
UITM MELAKA CITY CAMPUS

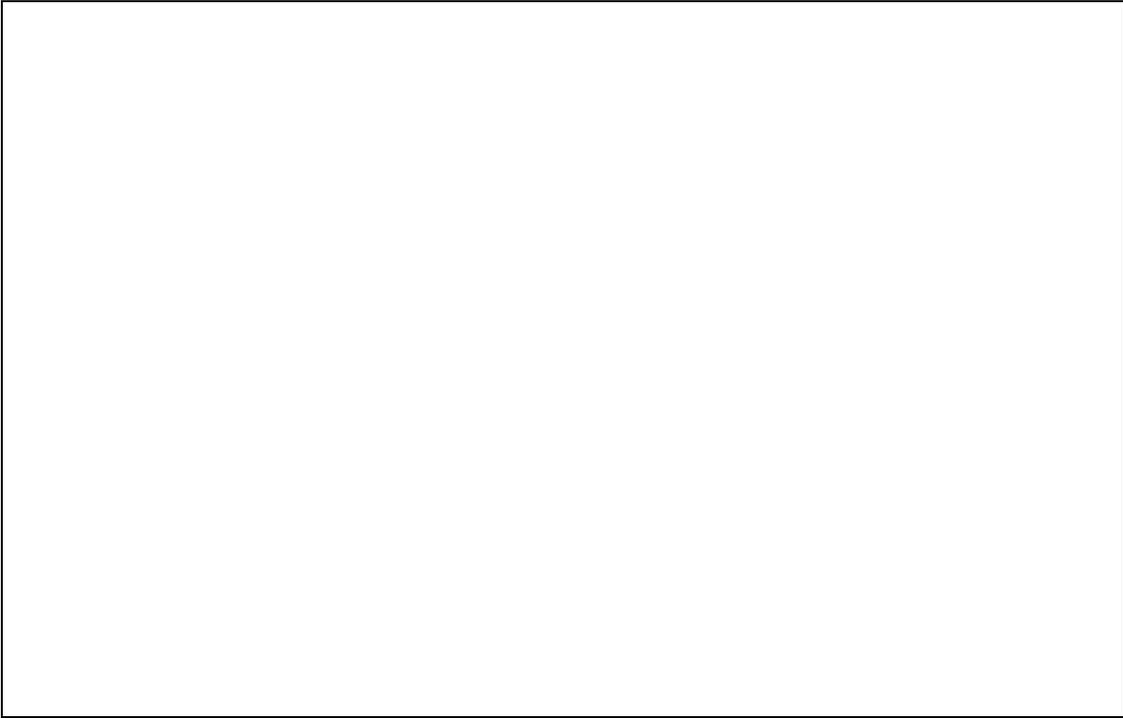
NURUL 'AZIMAHTUL HAWA BINTI ROSLAN
2009 532 175

NURFARAHIN BINTI MOHD ARIFFIN
2009 119 375

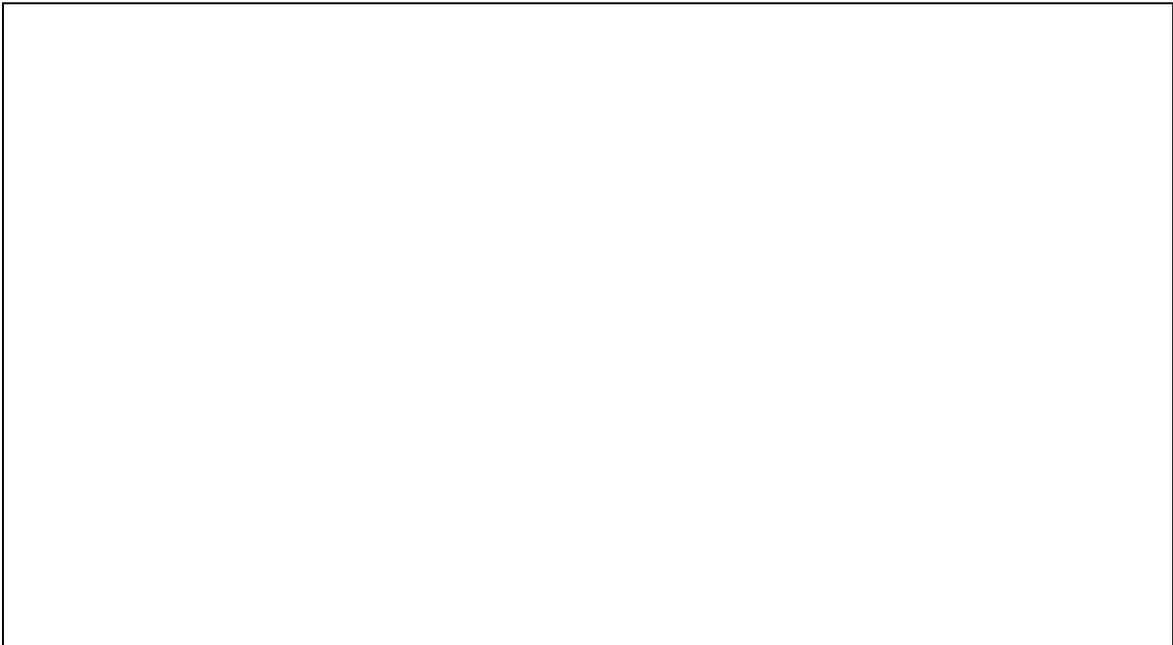
MADAM KHAIRIYAH BINTI MD SHAHID

JUNE 2012

Supervisor's Comments

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Moderator's Comments

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LETTER OF TRANSMITTAL

Nurul 'Azimahtul Hawa binti Roslan
Bachelor of Administrative Science (Hons.)
Faculty of Administrative Science and Policy Studies.
Universiti Teknologi Mara Melaka.

Nurfarahin binti Mohd Ariffin
Bachelor of Administrative Science (Hons.)
Faculty of Administrative Science and Policy Studies.
Universiti Teknologi Mara Melaka.

Madam Khairiyah binti Md Shahid
Lecturer of Applied Research.
Faculty of Administrative Science and Policy Studies.
Universiti Teknologi Mara Melaka.

Dear Madam

SUBMISSION OF APPLIED RESEARCH REPORT

Regarding to the above matter, we hereby submit our research with title awareness and perception towards eating disorder among undergraduates' students UiTM Melaka City Campus. This final report is requirement for the completion of applied research (ADS555) course which is required by the faculty.
Thank You.

Yours Sincerely,

(Nurul 'Azimahtul Hawa binti Roslan)

(Nurfarahin binti Mohd Ariffin)

CLEARANCE FOR SUBMISSION OF THE RESEARCH REPORT BY THE SUPERVISOR

Name of supervisor: Madam Khairiyah binti Hj. Md Shahid

Title of Research Report: Study on Level of Awareness on Eating Disorder Among Undergraduate Students' of UiTM Melaka City Campus

Name of Student 1: Nurul 'Azimahtul Hawa binti Roslan

Name of Student 2: Nurfarahin binti Mohd Ariffin

I have reviewed the final and complete research report and approved the submission of the report for evaluation.

(Khairiyah binti Hj Md Shahid)

Date :

ABSTRACT

Malaysian adolescents and teenagers are at risk of developing body image issues. When teenagers starts skipping meals frequently and/or disappears to the toilet after meals, this should be concerned. If they tried starving herself, it could be on the brink of eating disorder problems such as anorexia nervosa and bulimia. It is said that one in five adolescents is prone to eating disorders. This eating disorder issue is certainly present in our society as we do have cases of individuals or children who have problems with their eating. Eating disorders are illnesses that cause a person to adopt harmful eating habits. They are most common among teenage girls and women, and frequently occur along with other psychiatric disorders such as depression and anxiety disorders. These are behavioural problems brought on by a complex interplay of factors, which may include emotional and personality disorders, family pressures, a possible genetic or biologic susceptibility, and a culture in which there is an overabundance of food and an obsession with thinness. The purpose of the study is to determine the awareness and perception on eating disorder among undergraduate students of UiTM Melaka Campus. The attributes related to this study is level of awareness, knowledge on impacts as well as perception of undergraduate students of UiTM Melaka Campus towards eating disorder.