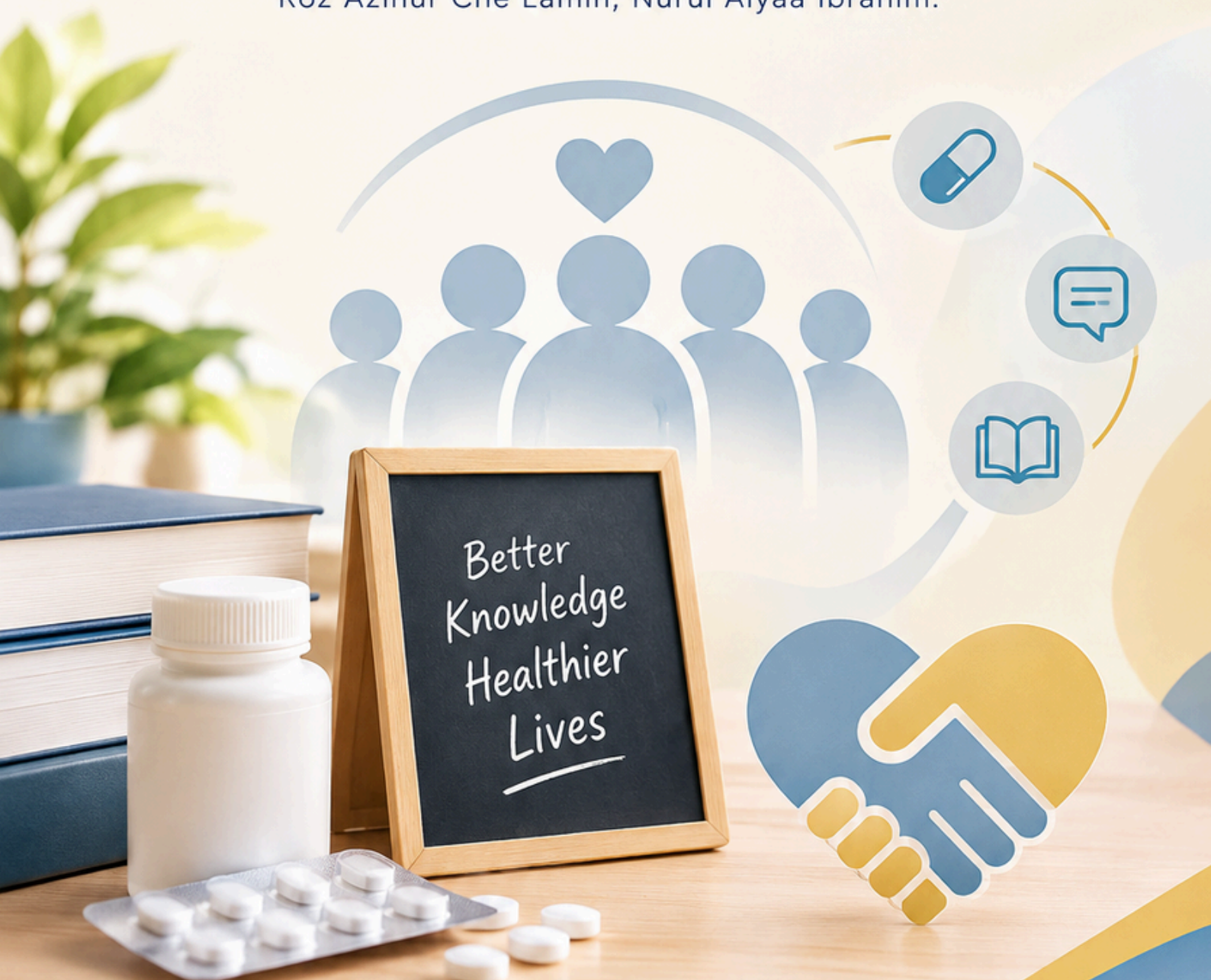


Empowering the Community: The “Celik Ubatan” Programme

By Siti Shahirah Mat Daud, Nursyuhadah Othman,
Roz Azinur Che Lamin, Nurul Alyaa Ibrahim.



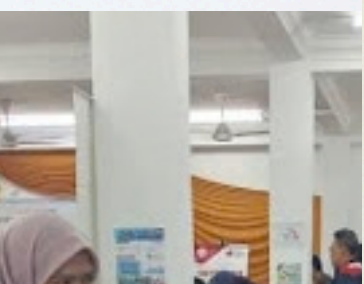


On 4th July 2026, the Faculty of Pharmacy, UiTM Cawangan Pulau Pinang, Bertam Campus, successfully organised a Knowledge Transfer Programme, the “Celik Ubatan” Programme. This initiative was held in conjunction with Hari Kantin at Sekolah Rendah Islam Tahfiz Sains & Teknologi (SRITSAT) and Sekolah Menengah Islam Tahfiz Sains & Teknologi (SMITSAT) in Kepala Batas, Penang.



The programme was designed to educate the local community, including students and parents, on the importance of safe and appropriate medication use. Through engaging sessions led by faculty experts, participants were empowered with the knowledge and skills to become well-informed and responsible health users. Key highlights of the programme include:

- Mastering the 5 Rights of Medication (Konsep 5B): Participants were introduced to the fundamental principles of medication safety, namely Ubat yang Betul (Right Medicine), Pesakit yang Betul (Right Patient), Dos yang Betul (Right Dose), Masa yang Betul (Right Time), and Cara yang Betul (Right Route of Administration).
- Proper Storage and Disposal of Medicines: Practical guidance was provided on the correct storage of medicines at home and the safe disposal of unused or expired medications to minimise potential harm and protect the environment.
- Safe Medication Disposal Initiative: Parents and students actively participated in the safe disposal initiative by disposing their expired and unused medicines into dedicated collection boxes provided by the faculty.



The Faculty of Pharmacy extends its sincere gratitude to the management, teachers, students, and parents of SRITSAT and SMITSAT for their warm hospitality and collaborative spirit in making this community health initiative a meaningful and successful one.