

Academy of Language Studies
UiTM Cawangan Pulau Pinang

e-Lingua

APRIL 2026

1/2026

*Connecting Cultures
One Word at a Time*

你好

Apa Khabar?

Bonjour

Hello

مرحبًا

Hallo

こんにちは



Letters for the fragile heart

NUR ILIANIS ADNAN

ACADEMY OF LANGUAGE STUDIES, UITM CAWANGAN PULAU PINANG

When I first saw this book in the advertisement on my feed in early 2024, I was already thrilled because it comes with a postcard and two cards, but thinking of several unread books on my shelf made me think twice before purchasing. In mid-2024, I really couldn't resist but to 'add to cart', and tadaaa, a gift for myself! I have finished reading it, and as always, here are some of my favourite quotes to share. I've got a lot more favourite quotes, but here are the highlights!

1. Some friendships stop temporarily only to be reignited again at the right time. Do not despair. Have faith.
2. Goodbyes are only for those who love with their eyes because for those who love with heart and soul, there is no such thing as separation.
3. Check, correct and anchor your intention accordingly, and you will find inner peace and contentment.
4. Bring anger and pride under your feet, turn them into a ladder and climb higher.
5. The art of knowing is knowing to ignore.
6. Sometimes a big door might close on you, and God opens a small door instead. Do note that it is not about the size of the door, but what's inside is far more important.

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