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**EXTENDED
ABSTRACT**

The Relationship Between Leadership Styles of Tennis Coaches in Kuala Lumpur City Towards the Goal Focused Coaching Skills

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I. INTRODUCTION

This study investigates how tennis coaches in Kuala Lumpur apply leadership styles and how these styles influence goal-focused coaching skills among players. Addressing gaps in context-specific research, it explores culturally relevant leadership dimensions in Malaysia's urban tennis scene aiming to inform practical localized coach development. Findings may enhance leadership effectiveness and player development through targeted evidence-based recommendations.

II. METHODS

This quantitative non-experimental study used a structured questionnaire distributed to 157 randomly selected tennis coaches in Kuala Lumpur. The survey measured leadership styles and goal-focused coaching skills using validated Likert-scale instruments. Data were analyzed with Jamovi 2.6, applying descriptive statistics for identification and assessment and Pearson correlation to examine relationships between variables.

III. RESULTS AND DISCUSSION

A. Leadership Styles

Democratic ($M = 3.86$) and Visionary ($M = 3.85$) styles ranked highest among Kuala Lumpur tennis coaches, followed closely by Coaching ($M = 3.80$). Affiliative, Commanding, and Pacesetter styles were less favoured. These results suggest a preference for collaborative player-centred leadership though some variation remains across coaching levels and demographic backgrounds.

B. Goal-focused Coaching Skills

Tennis coaches in Kuala Lumpur showed high levels of goal-focused coaching skills particularly in Working Alliance ($M = 3.92$) and Goal Setting ($M = 3.87$). Moderate scores were found in Solution Force, Managing Process and Accountability, and Outcome of Coaching indicating strengths in relationship-building but room for improvement in implementation and follow-through practices.

C. The Relationship Between Leadership Styles That Tennis Coaches Applied for Their Goal-Focused Coaching Skills Among Players in Kuala Lumpur City

A strong positive and statistically significant relationship was found between leadership styles and goal-focused coaching skills ($r = 0.916$, $p < 0.001$). This suggests that more effective leadership styles are closely associated with higher levels of coaching skill. Emphasizing leadership development may significantly enhance tennis coaching outcomes in Kuala Lumpur.

TABLE I
LEADERSHIP STYLES OF TENNIS COACHES

	Mean	SD	Ranking
Democratic	3.86	1.172	1
Visionary	3.85	1.164	2
Coaching	3.80	1.190	3
Affiliative	3.78	1.191	4
Commanding	3.66	0.837	5
Pacesetter	3.65	0.833	6

*Significantly different from Pre-NC ($p < 0.05$).

TABLE II
LEVEL OF GOAL-FOCUSED COACHING SKILLS

Variable	Mean	Level
Outcome of Coaching	3.33	Moderate
Working Alliance	3.92	High
Solution Force	3.64	Moderate
Goal Setting	3.87	High
Managing Process and Accountability	3.36	Moderate

TABLE III
THE RELATIONSHIP BETWEEN LEADERSHIP STYLES THAT TENNIS COACHES APPLIED FOR THEIR GOAL-FOCUSED COACHING SKILLS AMONG PLAYERS IN KUALA LUMPUR CITY

Goal-focused coaching skills		
Leadership Styles of Tennis coaches	Pearson's r	0.916
	p-value	<0.001
	N	157

IV. CONCLUSIONS

Leadership styles significantly influence goal-focused coaching skills among tennis coaches in Kuala Lumpur. Democratic and Coaching styles correlate strongly with effective coaching practices. These findings highlight the importance of cultivating collaborative and emotionally intelligent leadership in coach development programs to enhance athlete progress and long-term performance outcomes.

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