



UNIVERSITI
TEKNOLOGI
MARA

Institut
Pengajian Siswazah

PGS POST

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#StudyinUiTM
#Postgraduate
#IPSisUiTM
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Menyerlahkan Potensi
Membentuk Masa Hadapan



Congratulations



AFIQQ AIMAN ABD GHAPOR

(Faculty of Medicine)

National Grand Champion

&

1st Place

(Science & Technology Category)

in the

**2021 Virtual 3 Minute Thesis
Competition National Level**

&

**to represent Malaysia in the
2021 Virtual Asia-Pacific
3MT Competition**

(sponsored by Springer Nature)

**Up Close and
Personal with
our National**

**3MT
Champion**

Shoot for the moon, even if you miss, you will land among the stars. Alhamdulillah and praise to Allah for this achievement which was made possible by the help of my family, IPSIS, trainers, supervisors and friends. Against all odds, I am glad to make UiTM proud hence made it to Asia Pacific 3 Minute Thesis competition. One thing I learnt throughout my journey was that knowledge is crucial to be shared regardless of your listener's background. Turning years of research into a short compact 3 minute speech undoubtedly wasn't an easy task to triumph. Moreover, the ones that were participated by many proficient students from other institutions. Knowledge is a lifelong investment therefore the constant pursuit shall never end even after my PhD.

Perhaps this could be the beginning of my many others contribution this blessed institution in the future. Hopefully, this paved ways to more success coming from my juniors. InsyaAllah, we can achieve tremendous things if we put our heart and mind into it.

Juggling between the lab works, writing my thesis as well as preparing for the Asia Pacific 3 Minutes Thesis competition is no joke. Despite of that, the joy of doing what I love most was the biggest drive in surviving this challenge. Challenge yourself beyond limit always my mantra to success. I still have a long way to go, but for sure the memories made here in UiTM, always put a smile on my face. To all fellow UiTM's postgraduate students, *"I hope you will simply do what you can do in the best way you know. If you do so, you will witness miracles come to pass."* – Gordon B. Hinckley

by: Zuraini Mohamed Idris