

INFO

BULETIN UiTM Sarawak Kampus

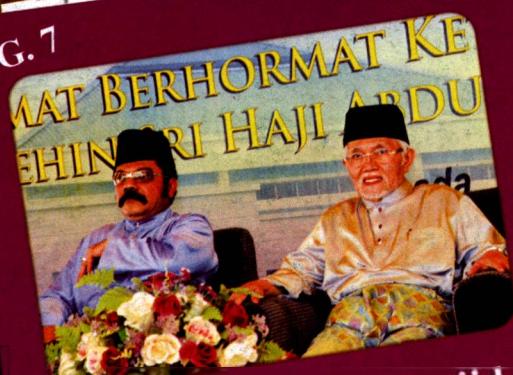
ISU 60
Julai 2009



UiTM SARAWAK
CELEBRATES SUCCESS
AT THE INVENTION,
INNOVATION AND
DESIGN COMPETITION,
2009

PG. 22

PG. 7



PG. 10



Forum Pasca Pilihan Raya
ke 12

UiTM Sarawak
Conference 2008

Diploma Show:
Pelajar Grafik

PG. 34

UiTM Sarawak At
The International
Level

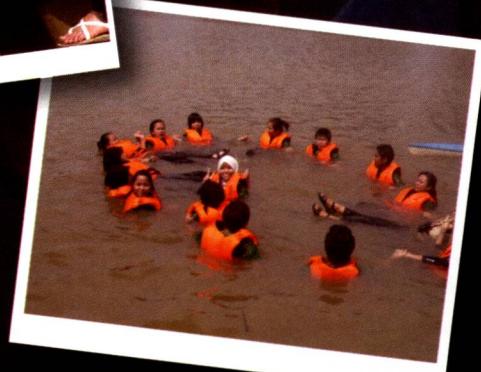
PG. 40

'Blood Saves Lives; Safe Blood Starts with Me'

With 318 pints of blood collections during 2007 blood donation campaign organized by Academic Bureau of KEKITA & Diploma in Nursing Program, UiTM Sarawak had won a Viagulam – Lazaramah Challenge Trophy for the new voluntary blood donors' recruitment campaign cum competition. This challenge trophy awarded to UiTM Sarawak in conjunction with 2008 Blood Donors Awards Presentation ceremony organized by The Malaysian Red Crescent Society, Kuching Chapter held in Auditorium Majlis Bandaraya Kuching Selatan on 19th July 2008. UiTM Sarawak was represented by Dr. Kamarrudin Bin Jara'ee, UiTM Sarawak's Medical Officer to receive the trophy from Y.B. Dr. Abang Haji Abdul Rauf Abang Haji Zain on behalf of Y.A.B. Datuk Amar Puan Sri Dr. Hajjah Laila Taib, Patron of the Malaysian Red Crescent Society, Kuching Chapter. This trophy is a form of motivational award to encourage UiTM Sarawak to continuously involve and conduct such campaign in order to compete for the Cho Bok Challenge Trophy for Higher Learning Institutions / Schools. In additions, an Academic Staff of UiTM Sarawak, Mr. Awang Rozaimie Bin Awang Shuib had received a Voluntary Blood Donors Awards Certificate for his 40th blood donations at the ceremony. With slogan 'Blood Saves Lives; Safe Blood Starts with Me', perhaps blood donation campaign cultivate a culture in UiTM Sarawak as part of its community service activity.



*Kayak Clinic
& Mini Expedition
at Kuching Waterfront*



A Day at Kayak Clinic & Mini Expedition at Kuching Waterfront

On 11th October 2008, the 3rd semester students of Diploma in Tourism Management had successfully completed the Basic Kayak Clinic and mini expeditions from the Waterfront to Bintawa Bridge, Kuching. The clinic was conducted as part of the student's learning session for the course Tour Guiding Skills (HTT 257); a subject that exposes the students on the interpersonal and practical skills of being a tour guide.

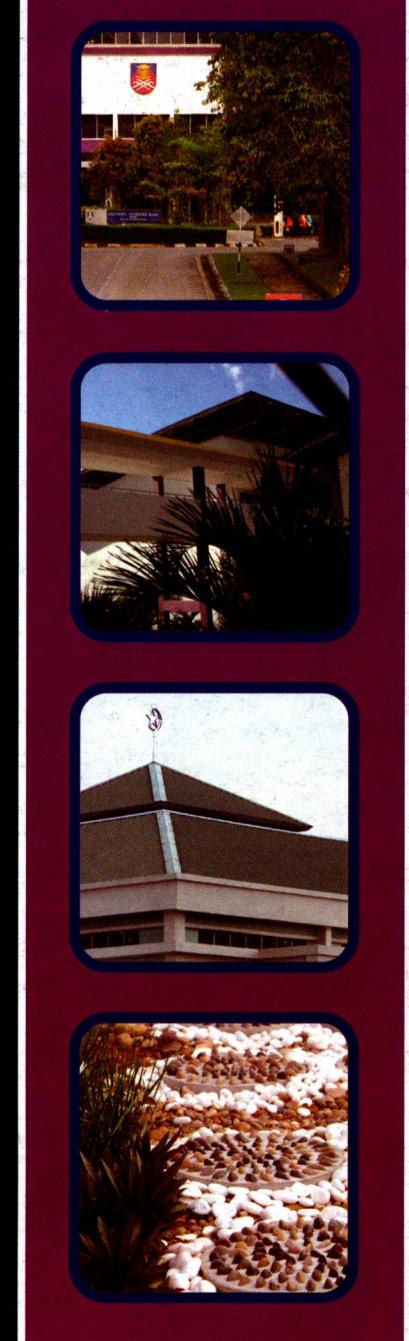
The program started at 10.30am with a warm-up exercise. After getting their muscle's ready, the activities continued with briefings by the President of Sarawak Canoe Society, Encik Majais Bujang. The students learnt various aspects of managing kayak such as ways to handle the kayak while on land, techniques such as to how enter the kayak, ways to paddle; and safety aspects of kayak such as what to do when the kayak capsizes.

At 2pm, the students entered the murky Sarawak River to complete the Water Confident session, a common program conducted especially for any kayak expeditions. It enables the participants to gain their confidence to be in the water with the aid of their life jacket. It teaches the students to be calm should any emergency occur during the expeditions, thus help to avoid panic.

After much anticipation, the students and their kayak partners finally boarded their kayaks. By 3pm, all fifteen kayaks belonging to Diploma in Tourism Management, three instructors, and a speed boat left the Waterfront for a lifetime expedition. Each journey was different for the students, some of the students paddled too fast, some were too slow, some could not kayak in a straight line hence they headed for the tree instead. There was even a pair of kayakers using a leaked kayak thus one could only see their body but not their submerged kayak. However, the drama was only temporary and all kayakers happily smiled when they managed to meet up under the Bintawa Bridge. After getting enough rest, the students continued their journey back to the Waterfront and the expedition finally ends at 6pm.

The Basic Kayak Clinic was chosen to be part of Tour Guiding Skills course due to the growing interests of kayak tour in Sarawak and the benefits gained by the students in obtaining practical skills. Kayaking is a great way for students to learn positive values such as the importance of teamwork, enhancing the students' problem solving and communication skills, safety management and most importantly, having a positive attitude towards life. These aspects are important values which could be applied not only in tour guiding careers, but other careers as well.

**The Basic Kayak Clinic was assisted by Sarawak Canoe Society and a project supervised by lecturer Johanna Adlin Ahmad.*



Universiti Teknologi MARA Sarawak,
Jalan Meranek, 94300 Kota Samarahan.
Peti Surat 1258, 93912 Kuching,
Sarawak, Malaysia.
Tel: 082-677 200 Faks: 082-677 300

<http://www.sarawak.uitm.edu.my>