

— MEDBULL' —

FACULTY OF MEDICINE UiTM





Participants of the Malaysian Spiritual Care Training course with the Dr. Ki Do Ahn (Director of clinical pastoral education of Central California, top row first from left), Board of Directors of Ziyara Spiritual Care, ACPE educators and evaluators.

SPIRITUAL CARE TRAINING CONCLUDED

Dr Diana Katiman
Department of Internal Medicine

The Spiritual Care Training for Healthcare Providers, Malaysia 2022 course has been successfully conducted from 28th January to 5th April 2022. The course was co-organized by the Palliative and Supportive Care Unit, Universiti Teknologi MARA, Ziyara Spiritual Care Incorporated (a non-profit organization based in Fresno, California), and supported by the Clinical Pastoral Education of Central California (CPECC).

"Ten healthcare workers of Hospital Universiti Teknologi MARA (UiTM), Hospital Universiti Islam Antarabangsa Malaysia Kuantan, Institut Jantung Negara, KPJ Damansara, Hospital Pakar An-Nur Bangi and Pusat Psikologi dan Rehabilitasi Atfal Jannah Bangi, completed the virtual training"

Participants underwent 240 hours of didactics, reflections, role plays, verbatims, group discussions, individual supervisions, and clinical interactions with patients at their respective healthcare institutions. The course educators were Rev Theodore Hodge and Tahara Akmal, both Association of Clinical Pastoral Education (ACPE) accredited trainers. Upon completing this year's half-unit course, they were awarded a CPE level 1 certificate and accredited to practice spiritual care.

Spiritual care is an aspect of health care that supports the inner person (spirit/soul) of patients and their loved ones dealing with health challenges. It may include concerns or questions about personal meaning, purpose, legacy, hope and faith. The training aims to develop the participants' skills to support patients through spiritual crises. These crises are abstract situations arising from past and current experiences which manifest as spiritual wounds such as grief, guilt, resentment, unforgiveness, self-rejection, and shame.

Following the successful completion of the course, two UiTM senior lecturers, Dr. Diana Katiman and Dr. Nur Jannah Nasution Raduan were invited by the Graduate Theology Union in Berkeley, California, to share their experiences in organizing and participating in the course, the first of its kind in South East Asia. We hope that more professional courses in spiritual care will be conducted so that more healthcare providers can be trained and provide better, holistic patient care.

– The talk can be listened via the following link

[HTTPS://WWW.GTU.EDU/EVENTS/CH-APLAINY-HIGHLIGHT-TRAINING-MUSLIM-CHAPLAINS-MALAYSIA](https://www.gtu.edu/events/ch-aplaincy-highlight-training-muslim-chaplains-malaysia)
