



**JOB STRESS AMONG LOCAL EMPLOYEES IN MNC:
EXXONMOBIL EXPLORATION AND PRODUCTION
MALAYSIA INCORPORATED (EMEPMI)**

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DECLARATION OF ORIGINAL WORK



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“DECLARATION OF ORIGINAL WORK”

I, Shafiqah binti Abdul Shukur,

Hereby, declare that:

- This work has not previously been accepted in substance for any degree, locally or overseas and is not being concurrently submitted for this degree or any other degrees.
- This project paper is the result of any independent work and investigation, except where otherwise stated
- All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature:

Date.....

ACKNOWLEDGMENT

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ABSTRACT

This paper is intended to identify the primary cause of job stress and the stressor which gives the least impact on job stress among local employees in multinational company. ExxonMobil Exploration and Production Malaysia Incorporated (EMEPMI) is the MNC of choice as it is one of the most active MNC player in Malaysia in which 98% of the staff are Malaysians. This study will help to develop appropriate stress management strategies to help promote a healthier organization. Data is collected through a questionnaire distributed to 30 employees in the EMEPMI at random using convenience sampling. There are around 2000 employees in the company in altogether 28 departments. The researcher was there personally to assist the employees in answering the questionnaire to ensure that everybody understood why this study is being done.

This study is said to be beneficial to the company especially as they are currently facing high level of job stress. It will help them gain insight on the main factor of their job stress and in turn help them to manage the condition from getting worse. Not just that, the researcher and the society will also benefit from this study. From this research, the primary cause of job stress among local employees in EMEPMI is workload while relationship at work is the least stressor that contributes to job stress among the employees in EMEPMI.

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