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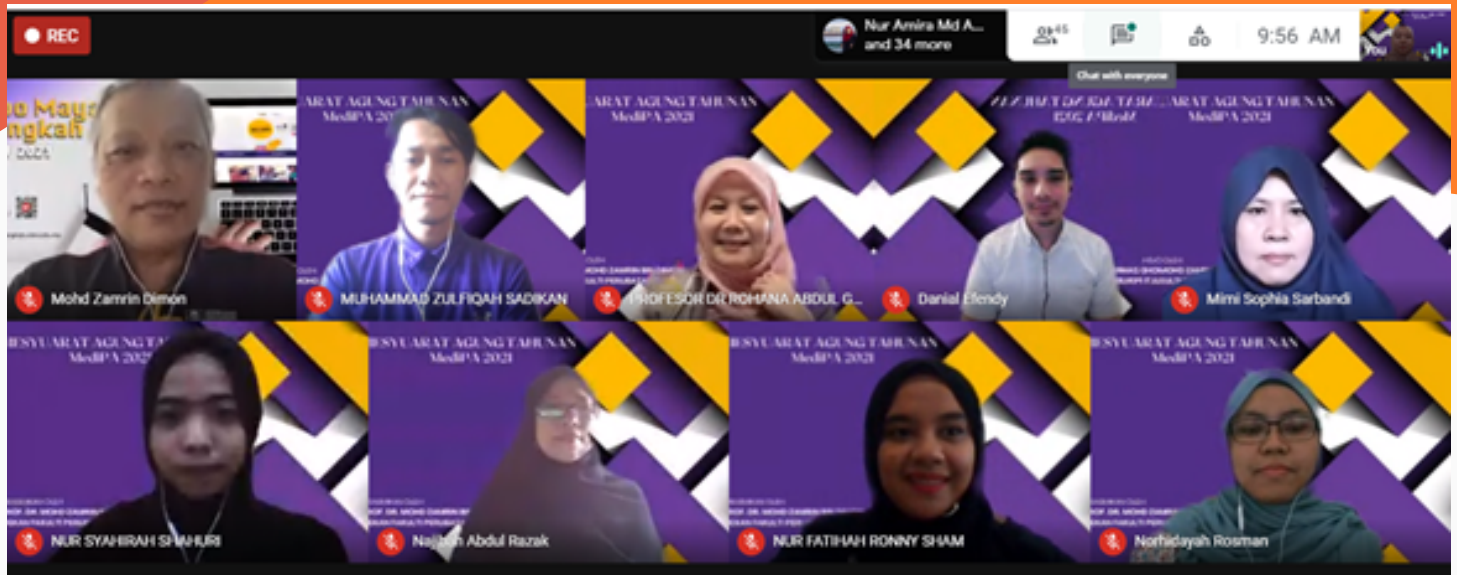
Fakulti
Perubatan

Med Bull'

No.3/2021



MEDICAL POSTGRADUATE ASSOCIATION



MediPA 2021

BY:

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The Medical Postgraduate Association (MediPA) was established on 19th August 2020 as the primary voice and representative body for postgraduate (PG) students under the Faculty of Medicine, UiTM Sg. Buloh. The second tenure of 12 PG students serves as the main committee elected from the 1st Annual General Meeting on 21st June 2021.

The mission of MediPA is to encourage sharing of ideas and co-operation among PG students to achieve success in academics, research and appear as an exemplary organization. Therefore, MediPA is motivated to organize programs beneficial to the development of intellectuality and critical thinking among the students, aligning with the policy and guidelines of the Faculty of Medicine, UiTM Sg. Buloh.



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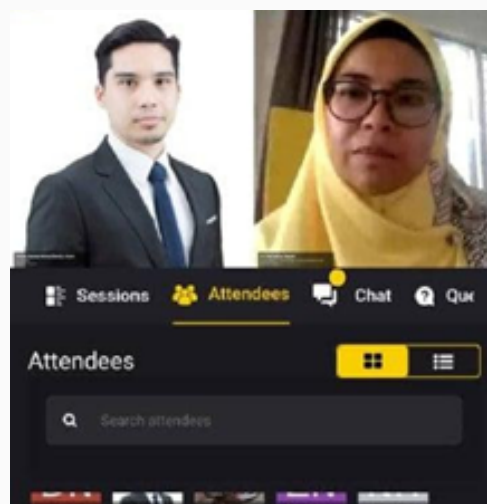
Therefore, MediPA is motivated to organize programs beneficial to the development of intellectuality and critical thinking among the students, aligning with the policy and guidelines of the Faculty of Medicine. Various programs have been organized by the MediPA from 2020 to 2021 despite being challenged by the current pandemic. The programs organized received positive responses from the participants, including those from the public.



The first program organized by MediPA at its early establishment was the "Presentation Skills workshop" on 21st January 2021, in collaboration with the Department of Pharmacology.

!! **The objective of this program was to enhance the communication and presentation skills of PG students.!!**

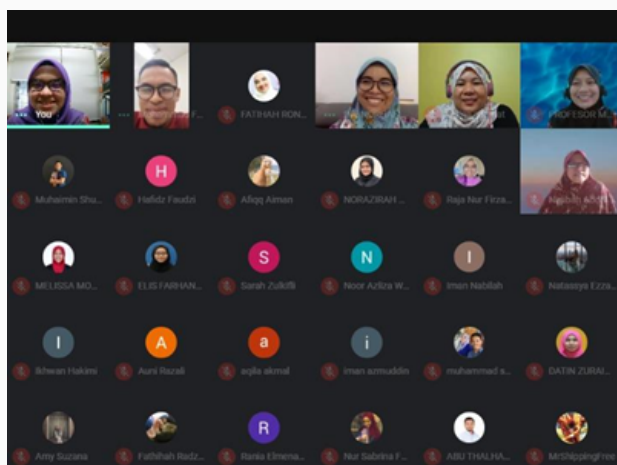
The feedback from a total of 40 participants from UiTM and other institutions was encouraging. Although the program was conducted online due to the pandemic, the participants were delighted with the workshop that provided tips and tricks to deliver high-impact posters and oral presentations.



In addition, the media collaborated with the biomedical company Bioscientex Malaysia Sdn Bhd conducted a workshop entitled "Introduction to ELISA" on 27th May 2021.

👉 **Life as a postgraduate student is challenging; therefore, a sharing session with the alumni would help raise motivation and provide insights among the PG students.** 👉

Given this, the MediPA had organized a webinar series entitled "PG Webinar: My Ph.D. Journey - Reflection and Lessons Learnt" on 12th April 2021 via the ZOOM platform. Dr. Faizatul Isyraqiah shared tips with the participants to perform laboratory work efficiently and techniques to write the thesis effectively. Lastly, the speaker also highlights the career path and choices available after graduating from postgraduate studies in the Faculty of Medicine.



MediPA as students' representative, is highly concerned regarding students' wellbeing, especially during the pandemic. Therefore, MediPA took the initiative to organize a talk entitled "Talk on Mental Health Awareness Among Postgraduate Students," which Dr. Norhafiza Razali delivered on 1st May 2021

Following this, MediPA has organized a forum on mental health with the theme "Anxiety and Depression – An Obscure Epidemic Among UiTM Sungai Buloh Students" on 25th May 2021. The invited speakers comprised the faculty's clinical psychologist, consultant psychiatrist, and a PG student.

👉 **By organizing the mental health talk and forum, students are more aware of mental health disorders, especially anxiety disorder and depression.**



In addition, students will be able to recognize the risk factors, signs, and symptoms. Moreover, the programs provided vital information on methods for students to cope healthily and seek help and treatment to overcome their stressors.

The official media logo was chosen and gazetted by MediPA Logo Competition held from 15th to 30th May. In this competition, the logo designed by Mr Abdul Rahman Kazim bin Azli, a Master's student, was chosen as the winner. He received a cash prize of RM150, and a certificate was awarded.

Finally, MediPA held its first Annual General Meeting (AGM) on 21st June 2021. During the meeting, the MediPA committee session 2020/2021 ended their tenure. The members selected a new main committee to spearhead the second tenure of 2021/2022, aligned with the vision and mission of MediPA.