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The Federation of Islamic Medical Associations (FIMA) 20th International Camp for Medical Students 2022, Indonesia

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Ten years 3 and 2 students from the Faculty of Medicine (FOM), Universiti Teknologi MARA (UiTM), were selected to be the delegates for the Islamic Medical Association Malaysia (IMAM) contingent of 12 to the 20th International Student Camp. The camp was held from the 29th of November until the 5th of December 2022 at Karang Anyar Regency, Indonesia. This camp was organized by the Islamic Medical Association in the Kingdom of Saudi Arabia (IMAKSA) and the World Assembly of Muslim Youth (WAMY) in collaboration with the Federation of Islamic Medical Associations, Students Affairs Council (FIMASAC), Indonesia Islamic Medical Association (IIMA) and University of Muhammadiyah in Yogyakarta (UMY). Following the theme, "Effective Habits of Successful and Influential Medical Professionals," this camp aimed to improve the heme, "Effective Habits of Successful and Influential Medical Professionals," this camp aimed to improve the abilities and



skills of the participants in building networking, teamwork, and leadership.

The contingent started their journey on the 28th of November 2022 from Kuala Lumpur International Airport 2 (KLIA2), flagged off by Dr. Intan Kartika Kamarudin, Lecturer at the UiTM FOM and IMAM Youth Exco. They arrived at the Yogyakarta International Airport (YIA), Yogyakarta, and traveled for six hours to reach the venue of the camp at Agrowisata Amanah Resort, Solo. UiTM was represented by Alia Nabila Mohd Shahiruakmal, Nurnazirah Elias, Syahidah Adilah Mohd Nizam, Anis Hazirah Mohd Amin Selvedran, Aleeya

Batrisyia Alif Fizrul Fernandez, Nur Aina Naqiyah Saifullizam, Siti Farhana Mohd Shahrom, Muhammad Hafiz Yusri, Ainul Husna Hassan Basri and Nur Aimeen Faqihah Azahar.

The camp was joined by 120 delegates from Islamic Medical Associations from 15 different countries and was inaugurated by the President of IMAKSA, Dr. Riyadh Abu-Sulaiman. Delegates were given rooms and groups consisting of different nationalities to ensure active interactions and networking between different IMAs. Their activities include lectures from renowned speakers from different IMA, including Saudi Arabia, Malaysia, and Indonesia.

The delegates had workshops on the modules of the lectures, and they concluded each session with group presentations. The module covered throughout the camp includes 'Life, Goals, Balance and Focus,' 'Story of Success,' which portrays how the resort owner managed to build the Agrowisata from a one-hectare farm to an infamous resort in the region, 'Personal Planning,' 'The 8Vs of Being the Instrument of Allah's Rahmah and Shifa', 'Building Self Discipline, Habit of Continuous Learning and Positive Thinking,' 'Psychological Resilience, Social Intelligence and Communication' and 'The International Biomedical Ethics in Islamic Prospective.'





Delegates were given the opportunities for multiple sessions of physical activities, including rock climbing, flying fox, river water tubing, and water polo, to ensure a healthy balance between their physical and academic well-being. They were brought up the Mount Lawu by four-wheel drives on an adventurous sightseeing day in the middle of the week. There were also community service programs with the locals where the delegates were assigned to check vital signs and present educational talks on nutrition, common non-communicable diseases, and infectious diseases to the villagers to expose them to volunteerism and early application of their clinical skills.

Every night the delegates were exposed to multiple cultures of different countries via Cultural Night activities which included an introduction to games, food, traditional attires, and movies. The activities fostered a better

understanding and tolerance of the differences and similarities of each country. This golden opportunity was supported by the FOM. The students had gained invaluable lessons and experience from the start of their journey throughout the whole week of the camp. They returned with widened horizons, increased confidence, and extensive networking with medical students from all around the world.