UNIVERSITI TEKNOLOGI MARA

THE INFLUENCES OF EXIT SIGNAGE ON HUMANS DURING FIRE EMERGENCY EGRESS: A REVIEW

NUR IZZANI BINTI NASIR

Project submitted in fulfillment of the requirements for the degree of

Bachelor in Environmental Health and Safety (Hons)

Faculty of Health Sciences

January 2023

ACKNOWLEDGEMENT

In the name of Allah, The Most Gracious, The Most Merciful.

Assalamualaikum and Alhamdulillah, all praise to Allah S.W.T The Supreme Lord of the Universe. Peace and blessing to Nabi Muhammad S.A.W., all prophets and their families. I praise Allah S.W.T. for the strength and His blessings in completing my study.

Thousands of thanks and love to my parents Mr. Nasir Bin Mohamed Rausti and Mrs. for their support and encouragement through thick and thin of my study. My deepest gratitude and appreciation to my dearest supervisor, Mr. Megat Azman Bin Megat Mokhtar who spent his time and efforts together with Dr. Alia Binti Azmi in guiding and advising from the beginning till the end of my research journey. Not to forget, I would like to thank all the lecturers in Department of Environmental Health and Safety, Faculty of Health Sciences who always share their thoughts, knowledge and advice throughout my study in UiTM Puncak Alam. Only God can reward all of you with goodness.

My sincere thanks and appreciation go to all the staff from the department who gave their full cooperation and assisted me in many ways throughout my study. A special thanks to my friends from HS243 who always give me support and motivation while completing my study. May our friendship last forever. Lastly, Iwould like to thank everyone who involved directly and indirectly in this study. Thank you.

TITLE PAGE

DECLARATION BY STUDENT			ii	
INTELLECTUAL PROPERTIES			ii	
APPROVAL BY SUPERVISOR ACKNOWLEDGEMENT TABLE OF CONTENT LIST OF TABLES LIST OF FIGURES			ii	
			iii	
			iv	
			vii	
			viii	
LIST OF ABBREVIATIONS			ix	
ABSTRACT ABSTRAK			X	
			xi	
CHAPT	TER 1: IN	NTRODUCTION	1	
1.1	Backgro	ound	1	
1.2	Problem Statement			
1.3	Research Objectives		3	
	1.3.1	General Objective	4	
	1.3.2	Specific Objectives	4	
1.4	Research Question		4	
	1.4.1	Research Question	4	
	1.4.2	Specific Research Questions	4	
1.5	Scope o	Scope of Study 4		
1.6	Limitation of Study 5			
1.7	Significant of The Study 5			

ABSTRACT

Emergency exit signage is an essential tool under fire safety which acts as a guidance for occupants when experiencing unexpected emergency such as fires. Requirement of exit signage installation and its specific features had been mandated under By-Law 172 of Uniform Building By-Laws (UBBL) 1984 which depicts its importance, hence designation of an effective exit signage is necessary in order to effectively deliver the messages of directional and exit pathway to the occupants. In this study, a total of 29 articles had been selected for qualitative review which were collected from online databases by using a deductive approach based on the research questions. Hence, the result emphasizes on three themes which are types of exit signage, design of exit signage and the placement of exit signage. In term of type of exit signs, the application of dynamic exit signage showed better performance as occupants were found to have lower evacuation periods, higher compliance rates, shorter traveled distances, and fewer breaks taken throughout the egress phase compared to static exit signs. Whereas for exit signage design, green signage expressed stronger guiding and evacuation effects either in individual or group egress and it is suggested to include both pictograms: arrow and running man on exit signs to prevent misinterpretation and increase its detection rate. In addition, a design of multidimensional arrow instead of 2D arrow also was proven to be more effective to convey the evacuation direction. Apart from that, the placement of signage is also being analyzed in terms of its height where it is found out that floor level signage provides better visibility during egress but showed limitation with presence of disturbers. Degree of installation of exit signage is best to take the suitable distance and interaction angle into consideration which increase the signage coverage area. Based on the analysis and comparison made in this study shows that implementation of exit signage should be considered from its initial designation process including its equipped features until the way of an exit sign being installed in building in order to ensure that the exit signs are placed within the visibility coverage area of occupants. Therefore, this study can be used as a reference in improving the effectiveness of emergency exit signage in aiding occupants toward a safe egress.

Keywords: Emergency exit sign, Fire occurrence, Building egress, Wayfinding, Design of exit signs, Sign Placement

CHAPTER 1

INTRODUCTION

1.1 Background of Study

Year over year, decades after decades, the world has seen a series of natural disasters such as fires, floods, volcanic eruptions, landslides, and earthquakes. These calamities have executed thousands of lives and caused significant damage to properties and the victim's physical and psychological state. Fire incidents that happened either intentionally or unintentionally become one of the major threats to the implementation of safe operation in buildings because of their unexpected occurrence. According to the International Association of Fire and Rescue Service data, more than 1.1 million people were injured or killed as a result of 104 million fires in the surveyed countries between 1993 and 2020 (CTIF, 2022). The most recent data in 2020 revealed that four million fires were registered, resulting in a total of 20,755 fatalities and 71,410 injuries (Brushlinsky et al., 2022). These numbers are predominantly high and at a worrying state.

In addition, the needs of building occupants in terms of accessibility and safety have expanded dramatically since the building layout itself has grown larger and more complex. Buildings nowadays are currently equipped with combined functionalities under one facility such as shopping malls, airports, apartments, and workplaces. Despite that, emergencies and wayfinding are generally not become the primary focus for developing such facilities (Yenumula et al., 2015), and conflicting situations between the architecture's layout and the available signage system may appear during an emergency either during the formation of intervention measures in buildings, renovations, and even changes in building purposes. Above all, the possibility of