



اَوْنَبُو سَيِّدِي تَتِيكُونُو لَوِي كِي مَبَارَا  
UNIVERSITI  
TEKNOLOGI  
MARA

**“THE IMPACT OF THE WELLNESS PROGRAM BASED  
ON THE EMPLOYEE PERCEPTION ON PEJABAT  
DAERAH BATU PAHAT”**

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**APRIL 2011**



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**‘DECLARATION OF ORIGINAL WORK’**

I, Mohd Arham Bin Kamarudin,

Hereby, declare that,

- This work had not previously been accepted in substance for any degree, locally or overseas and is not being concurrently submitted for this degree or any other degrees.
- This project paper is the result of my independent work and investigation, except where otherwise stated.
- All verbatim extracts have been distinguished by quotation marks and sources of my information have been specifically acknowledged.

Signature: \_\_\_\_\_

Date: \_\_\_\_\_

## **ACKNOWLEDGEMENTS**

In the name of Allah, the most Merciful, the most Compassionate.

Alhamdulillah, He had given me the courage and strength to complete this research paper accordingly.

I would like to express the deepest appreciate to those who are contributed their time, energy and expertise for this project paper. First and foremost, my deepest appreciation goes to my advisor, Puan Noor Azzura Mohamed for her guide, valuable advice throughout this report. She is continually gives me a moral support in completing this research. Without her guidance, much of the information contains in this research study would seem disarrayed.

Secondly, special thanks to Pejabat Daerah Batu Pahat for giving me opportunity to join their organization for completing my industrial internship training and providing me some spaces for learning experiences in the organization. Sincere thanks to my supervisor, Haji Ibrahim Bin Ahmad and all the staff in the Pejabat Daerah Batu Pahat for guidance, cooperation, support, commitment, comment and valuable advices during the industrial internship training and also in helping completing this research paper.

My warmest gratitude goes to my family members for giving me much help in term of financial and encouragement towards my research paper. Not forgetting my friends for their constructive criticism and providing assistances in finishing this research paper. Anyone else whom did not mentioned the support that given to me during the essential time is valuable to me. Finally i wish and believe Allah will wish you all in good faith forever, Insya'Allah.

Thank you.

## **ABSTRACT**

Wellness program in the organization or workplace is the healthy activities that it is technically given and providing a lot of benefit and advantages to the entire of the organization as well as the employee especially. Therefore, the organization should notice that the wellness program in the workplace must consistently practice in their organization and make it as the good and effective organization culture at all time. The focus on the research study is to identify the impact of the wellness program which is decreased absenteeism, increased productivity, and improve morale with the employee satisfaction. The main objective of this research objective is to measure the greatest impact of the wellness program. A second research objective is to identify the relations of the impact of the wellness program with employee satisfaction. The last research objective is to identify the type of wellness program prefer by employee to satisfy them.

There are about 70 number of population stated in the organization and were distributed the questionnaires. A total of 62 set of questionnaire have successfully collected back from the respondent. Once the data have been collected, the researcher use the Statistical Package for Social Sciences (SPSS) version 16 to find out the frequency, percentages, mean and Pearson Correlation for searching the reliability and validity of the information. From the result, all the independent variable has a positive relationship toward the employee's satisfaction on the impact of wellness program in the workplace.

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