AWARENESS ON PROPER EXPIRED MEDICATION DISPOSAL AMONG PHARMACY STAFFS IN OUTPATIENT DEPARTMENT OF SELAYANG HOSPITAL



DIPLOMA OF PHARMACY IN THE FACULTY OF PHARMACY, UNIVERSITI TEKNOLOGI MARA PULAU PINANG

PREPARED BY
SITI AKMAL BINTI MOHD NAJID
NURUL ANIS BINTI ZAINUDDIN

MARCH 2013

Awareness on Proper Expired Medication Disposal among Pharmacy Staffs in Outpatient Department of Selayang Hospital

Prepared by:

(Siti Akmal Binti Mohd Najid & Nurul Anis Binti Zainuddin)

Supervisor: Miss Nur Hidayah Binti Zulkefli (Pharmacy Department, Selayang

Hospital)

Miss Noor Zuliana Binti Zulkifli (Pharmacy Department, Klinik

Kesihatan Selayang Baru)

Co-Supervisors: Dr. Shubashini (Faculty of Pharmacy, Uitm Puncak Alam)

Mr. Muhammad Anwar (Faculty of Pharmacy, Uitm Puncak Alam)

Submitted in partial fulfillment for the Degree of Diploma in Pharmacy of
Faculty of Pharmacy,
Universiti Teknologi MARA
Pulau Pinang

March, 2013

Faculty of Pharmacy Universiti Teknologi MARA Pulau Pinang

ABSTRACT

This study focuses on the awareness of the pharmacy staffs on importance of proper handling or disposal of expired medications. It was done at Hospital Selayang, Selangor. Our study subject was the pharmacy staffs, including provisionally-registered pharmacists (PRP) and diploma training students attached, 'pekerja rendah awam' and 'pembantu pegawai kesihatan' working in the outpatient department of the hospital on January 2013. The samples were chosen using the proportionate stratified random sampling with their job position as the stratums to get a more accurate result. Then we gave them a set of questionnaire to fill in. The focus of the study was to evaluate their level of awareness on the importance of proper ways of handling or disposal of expired medication in the pharmacy. Also, to evaluate their knowledge and proper practice of expired medication disposal. Using the information from the 40 questionnaires we managed to collect and analyzed using Microsoft Excel 2007, we obtained the results in the forms of tables, graphs and charts. As we expected, most of them do have high awareness regarding the issue and do feel the responsibilities to properly dispose of expired medications. However, the knowledge and practices are lacking mainly due to absence of proper guidelines.

ACKNOWLEDGEMENT

First of all, we would like to thank our most beloved parents and family members who had given us their full support to complete the research. A zillion thanks also goes to our supervisor, Miss Nurul Hidayah binti Zulkefli for willingly spent part of her busy time to find even the smallest grammatical error we made in the report.

The authors would also like to acknowledge the efforts of Miss Noor Zuliana Binti Zulkifli from Klinik Kesihatan Selayang Baru who had shown her care and support by throwing new ideas and supplied us with the materials needed for the project.

Furthermore, our warmest gratitude to our lecturers, Madam Che Noriah, Madam Siti Normiyah, Dr Shubashini, Mr Muhammad Anwar and all other lecturers of Faculty of Pharmacy both in Pulau Pinang and Puncak Alam for their advices and guidance.

Next, we would like thank to Puan Rahani from Department of Pharmacy, Hospital Selayang for giving us much information and helping to commence this research. Lastly, we would also like to express our gratitude to all the pharmacy staffs in Hospital Selayang who have helped in the surveys, and also to those who were involved either directly or indirectly to finish this project.

TABLE OF CONTENTS

Acknowledgement	11
Table of Content	iii
List of Tables	v
List of Figures	vi
Abstract	vii
CHAPTER 1 INTRODUCTION	1
CHAPTER 2 LITERATURE REVIEW	3
CHAPTER 3 AIM AND OBJECTIVES	5
CHAPTER 4 MATERIALS AND METHODS	6
4.1 Study Design	6
4.2 Study Subject	6
4.3 Data Collection	7
4.4 Data Analysis	7
CHAPTER 5 RESULTS AND DISCUSSION	9
5.1 Result	9