

SUCCESSFUL FF HEALTH SCREENING *Open Day*

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Highlights of the Event

- A total of 58 individuals took part in the health screenings.
- A health supplement booth was also available, offering information and guidance on nutritional support.
- Three health sharing sessions were conducted, focusing on important health topics such as calcium, uric acid, cholesterol, and general wellness tips

Held by SOSHCo
in Collaboration with
the Department of
Pharmacy Practice &
Clinical Pharmacy.



In a commendable initiative to promote community health and raise awareness about the importance of preventive care, the Sub-Occupational Safety and Health Committee (SOSHCo), Faculty of Pharmacy, in collaboration with the Department of Pharmacy Practice & Clinical Pharmacy, successfully organised a Health Screening Open Day on 28 May 2025.

The event brought together pharmacists, administrative and laboratory staff, students, and community members in a united effort to promote healthier lifestyles and improve access to essential health services. It aimed not only to detect early warning signs of common health conditions but also to empower individuals to take proactive responsibility for their own well-being.



The Open Day featured a comprehensive range of health screenings, including tests for blood sugar, cholesterol, uric acid, blood pressure, total body fat, bone density, and BMI. Additionally, a pharmacist-led sharing session provided valuable insights into medication use and general health awareness.

As the saying goes, "The greatest wealth is health." By coming together to focus on prevention and awareness, we are taking meaningful steps toward a brighter and healthier future for everyone.