

UNIVERSITI TEKNOLOGI MARA

**ASSESSMENT ON HALAL STATUS OF
GENITOURINARY MEDICATION**

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“May Allah will reward you with goodness”

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ABSTRACT

As muslims, the concern about *halalness* in every aspect of their lives is very important not just for food that they take but also the concern must include their medications. This study was performed to determine the permissible status of genitourinary medications. The assessment of the medications was performed on the active and also inactive ingredients. The active ingredients are the substances that were intended to treat the illness. Usually only one active ingredient in the products. The inactive ingredients are the substances added into active ingredient to improve the physical quality of the medications and usually there are more than five inactive ingredients in certain product. The active and inactive ingredients can be from animal, human and plant sources as well as synthetic based origin. The assessment of the medications are performed based on the information from the medication leaflets obtain from Hospital Sungai Buloh, MIMs and also from other references. The information from the medication leaflets are assessed by using standard reference which is Remington and also by using other website references. From the findings, there were 91 products were assessed, 28.6% products were permissible, 4.4% impermissible, 44% ‘mushbooh’ and 23.1% unknown. The impermissible status of genitourinary products mainly due to the active ingredient itself which is clearly stated from the medication leaflets that the active ingredients come from porcine or from human urine or blood. Mostly, the content of the inactive ingredients in the products that causes the medications are categorized as ‘mushbooh’. Some of the products (23.1%) cannot be assessed because of not enough information provided and also because of the pharmaceutical manufacturers refuse to reveal the full information about their products. So, Ministry of Health cooperated with JAKIM as well as pharmaceutical manufacturers should play a vital role in order to provide more pharmaceutical products which contain permissible active and inactive ingredients.

CHAPTER 1

INTRODUCTION

ASSESSMENT ON THE HALAL STATUS OF GENITOURINARY MEDICATIONS

1.1 BACKGROUND

Nowadays, the growing of Muslim communities is said to be increasing every year at 1.84% of the world community. The number of Muslims is estimated to increase from 2.04 billion by 2013 to 2.08 billion by 2014(<http://www.muslimpopulation.com/World>). Malaysia is one of the countries which consist of almost 61% of the population practices Islam. So, the concern about halalness in every aspect of their lives is very important not just for food that they take but also the concern must include their medications. Of course as a Muslim we are all already be guided to seek for '*halalan toyyiban*'. This is proven by a verse from the holy Quran which are (Al-Baqarah, 2:168)

يَا أَيُّهَا النَّاسُ كُلُوا مِمَّا فِي الْأَرْضِ حَلَالًا طَيِّبًا وَلَا تَتَّبِعُوا خُطُوَاتِ
الشَّيْطَانِ إِنَّهُ لَكُمْ عَدُوٌّ مُبِينٌ ﴿١٦٨﴾

“O mankind, eat from whatever is on earth (that is) lawful and good and do not follow the footsteps of Satan. Indeed, he is to you a clear enemy”.

determined which include cigarette smoking, obesity, type 1 or type 2 diabetes mellitus, high blood pressure, a low concentration of high density lipoprotein (HDL) صلى الله عليه عن أبي عبد