

The background of the entire cover is an abstract, high-energy image. It features a blurred figure of a person, likely a runner, in motion. The figure is overlaid with vibrant, streaky light trails in shades of teal, blue, and orange, creating a sense of speed and dynamic movement. The overall composition is energetic and modern.

INTERNATIONAL GRADUATE COLLOQUIUM

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SPORTS AND PHYSICAL EXERCISE ASSEMBLY OF KNOWLEDGE SHARING

COLLOQUIUM PROCEEDINGS

EXTENDED ABSTRACT

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THE RELATIONSHIP BETWEEN VOLUNTEER MOTIVATIONS AND INTERPERSONAL SKILLS IN MASS PARTICIPATION SPORTING EVENTS

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I. INTRODUCTION

Volunteering is a global phenomenon that significantly contributes to social cohesion and community development. Volunteers are motivated by various intrinsic and extrinsic factors [1]. In Malaysia, volunteerism is on the rise, with events like the Shah Alam Half Marathon 2024 providing opportunities for meaningful community engagement [2]. This study addresses this gap by examining how motivational factors influence the development of interpersonal skills among volunteers [3].

II. METHODS

This quantitative study employed a survey-based design involving 45 volunteers from the Shah Alam Half Marathon 2024. A purposive sampling method was used to collect data through structured questionnaires divided into three sections: demographic profile, volunteer motivation, and interpersonal skills. The data were analyzed using descriptive and inferential statistics with JAMOV software.

III. RESULTS AND DISCUSSION

A. Motivation

The findings revealed that intrinsic factors, such as expression of values (4.53 ± 0.71) and career orientation (4.48 ± 0.76), were the most significant motivators for volunteers.

B. Interpersonal Skills

The study highlighted strong interpersonal skills among volunteers, with teamwork and relationship-building emerging as key strengths (4.24 ± 0.93).

C. Interpersonal Skills

A Pearson correlation analysis indicated a strong significant relationship between motivation and interpersonal skills ($r = 0.89, p < 0.005$) (Table 1).

TABLE I
CORRELATION BETWEEN MOTIVATION AND INTERPERSONAL SKILLS

Interpersonal Skills	Volunteer Motivation	
	Pearson r	0.887
	df	43
	Sig (2-tailed)	<0.05
	N	45

IV. CONCLUSIONS

This study underscores the critical relationship between motivation and interpersonal skills among volunteers in large-scale events like the Shah Alam Half Marathon 2024. Intrinsic motivators play a pivotal role in fostering effective social interactions and enhancing volunteer experiences.

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