

**A REVIEW ON RECYCLING AND UPCYCLING OF
PLASTIC WASTE TO VALUE-ADDED PRODUCTS**

SITI ZULAIKA KHAIRUL ANUAR

**BACHELOR OF SCIENCE (Hons.) APPLIED
CHEMISTRY
FACULTY OF APPLIED SCIENCES
UNIVERSITI TEKNOLOGI MARA**

FEBRUARY 2025

**A REVIEW ON RECYCLING AND UPCYCLING OF PLASTIC WASTE
TO VALUE-ADDED PRODUCTS**

SITI ZULAIKA KHAIRUL ANUAR

**Final Year Project Report Submitted in
Partial Fulfilment of the Requirements for the
Degree of Bachelor of Science (Hons.) Applied Chemistry
in the Faculty of Applied Sciences
Universiti Teknologi MARA**

FEBRUARY 2025

This Final Year Project Report entitled "**A Review on Recycling and Upcycling of Plastic Waste to Value-Added Products**" was submitted by Siti Zulaika Binti Khairul Anuar in partial fulfilment of the requirements for the Degree of Bachelor of Science (Hons.) Applied Chemistry, in the Faculty of Applied Sciences, and was approved by

Ts. Dr. Abu Hassan bin Nordin
Supervisor
B.Sc. (Hons.) Applied Chemistry
Faculty of Applied Sciences
Universiti Teknologi MARA
02600 Arau
Perlis

Dr. Siti Nurlia binti Ali
Project Coordinator
B.Sc. (Hons.) Applied
Chemistry
Faculty of Applied Sciences
Universiti Teknologi MARA
02600 Arau
Perlis

Dr. Nur Nasulhah binti Kasim
Head of Programme
B.Sc. (Hons.) Applied
Chemistry
Faculty of Applied Sciences
Universiti Teknologi MARA
02600 Arau
Perlis

Date: _____

ABSTRACT

A REVIEW ON RECYCLING AND UPCYCLING OF PLASTIC WASTE TO VALUE-ADDED PRODUCTS

Plastic is a common material that has been used widely, consequently has caused adverse effect human health and environment. Global plastic production was estimated to be 311 million tonnes in 2014 and has been predicted to be double in 20 years and getting to increase towards 2050. The presence of plastic waste can give detrimental impact to human health such as disruption of the endocrine system, reproductive problems, and respiratory issues. Other than that, plastic waste will also have a negative impact on the ecological environment. The existence of plastic waste in the environment may degrade soil quality in terms of soil structure and fertility. The negative effects of plastic waste have sparked interest in developing focused research and development into recycling and upcycling as ways to bring about a more circular economy for plastics. The objective of this study is to overview the recent technologies for recycling and upcycling methods for plastic waste. This study provides an assessment of the plastic waste problem, inquiring about the occurrence and popularity of plastic pollution, the unfavourable effects on human health and ecological environments, as well as evaluating recent recycling methods and approaching upcycling technologies that transform discarded plastics into value-added products. The findings of this study provide astute information to guide the future direction of plastic waste management and technological advancements to address the accelerating environmental and public health challenges posed by global plastic pollution.

TABLE OF CONTENTS

ABSTRACT	ii
ABSTRAK	iii
ACKNOWLEDGEMENT	iv
TABLE OF CONTENTS	v
LIST OF TABLES	vii
LIST OF FIGURES	viii
LIST OF SYMBOLS	ix
LIST OF ABBREVIATIONS	x
 CHAPTER 1 INTRODUCTION	 1
1.1 Background of the Study	1
1.2 Problem statement	2
1.3 Research questions	4
1.4 Objective of the study	4
1.5 Significance of study	4
 CHAPTER 2 LITERATURE REVIEW	 6
2.1 Plastic waste occurrence	6
2.2 Adverse effects of plastic waste	10
2.2.1 Effect towards public health	10
2.2.1.1 Effects to the human endocrine system	13
2.2.1.2 Effects to human respiratory	14
2.2.1.3 Effects to human reproductive system	16
2.2.2 Effect towards ecological environment	18
2.2.2.1 Effects on the Marine Ecosystem	19
2.2.2.2 Effects towards soil degradation	22
2.3 Plastic Waste Recycling	24
2.3.1 Chemical recycling	26
2.3.1.1 Pyrolysis	27
2.3.1.2 Thermal cracking	29
2.3.1.3 Hydrocracking	31
2.3.1.4 Gasification	33
2.3.2 Mechanical recycling	37
2.4 Upcycling of plastic waste into value-added products	40