



FPHP HOT & TOUR BULLETIN



HIDDEN GEMS; MY HOMETOWN

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**Faculty of Hotel & Tourism
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FPHP BULLETIN CONTENT

HOT & TOUR NEWSLETTER VOL. 1/2025

EDITORIAL BOARD Pg iii

WELCOME NOTES

BULLETIN ADVISOR-HEAD OF STUDY CENTRE Pg iv

BULLETIN EDITOR IN CHIEF Pg vi

BULLETIN MANAGING EDITOR Pg vi

FPHP CREATIVE WRITINGS

Exploring Teluk Intan: A Journey Through Tourism, Food & Heritage **PG 1**

Experience the Serenity of Tanjung Jaga De Campece, Yan: Beach Camping Getaway **PG 2**

Exploring Heritage & Art at Galeri DiRaja Arau: Reflections from an Academic Visit **PG 3-4**

Traditional Kalakatar Dessert in Perak **PG 5-6**

A Day of Sun and Serenity: Picnic at Pulau Kapas, Terengganu **PG 7**

Tanjung Piandang: A Journey Back to My Hometown's Heart **PG 8**

A Night Under the Stars at Pantai Kekabu, Marang, Terengganu **PG 9**

Malay Cuisine Set in Bertam Golf Resort (BGR) **PG 10**

A Memorable Visit to Spice Factory: Discovering the Heart of Nutmeg Balik Pulau **PG 11**

Pantai Sepat in Kuantan, Pahang: A Picture-Perfect Scenery **PG 12**

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FPHP BULLETIN CONTENT

Pg ii

HOT & TOUR NEWSLETTER VOL. 1/2024

FPHP CREATIVE WRITINGS



Hiking Experience:
Dont Avoid Eating Rice

PG 13

From Kampung Roots to
University Town:
The Unique Growth of
Permatang Pauh

PG 17

Lata Tebing Tinggi, Selama,
Perak: The Ideal Spot for a
Picnic& Appreciation of Nature

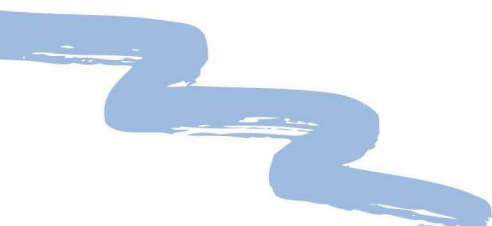
PG 14

Escape to Nature:
Camping at Banana
Campsite, Kampung Kelian
Dalam, Baling, Kedah

PG 18

The Hidden Gem:
Exploring the Allure of Kedah

PG 15-16



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LATA TEBING TINGGI, SELAMA, PERAK: THE IDEAL SPOT FOR A PICNIC & AN APPRECIATION OF NATURE

by

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Aida Khalida Mohamed Idris, Ahmad Hidayat Ahmad Ridzuan & Rashid Salleh



Just imagine for a second a world where you may run away from it all and have fun in serene nature. Lata Tebing Tinggi in Selama, Perak is the kind of place where a picnic may turn into a fantastical day trip complete with roaring waterfalls, lush vegetation, and the enchanting sounds of the forest.

Commuters' clamour fades into a serene setting as you approach Lata Tebing Tinggi. More and more breathtaking landscapes appear around every corner as the journey winds its way through the picturesque countryside. You can almost feel the lush sanctuary beckoning you as you approach the park gate, thanks to the soothing sound of trickling water. The brisk scent of the forest will greet you as you exit the car. You can feel the newness in the air. The picture-perfect river glistens and calls out to you when the sun rays reach it. The soothing sound of the waterfall's trickle will put your body and soul to rest and rejuvenation.

Picking the perfect spot for a picnic in Lata Tebing Tinggi is effortless. Look for a pleasant, shady area away from trees or along the riverbank. Lay down your blanket and take out your basket of favourite foods for a picnic. Maybe some homemade sandwiches, fruit, and iced tea are in it. Your picnic will feel even more enchanted when you put it up against the backdrop of the beautiful waterfall and lush woodland.

Savour your picnic as you unwind to the sound of the waterfall's calming stream. To cool off, a swim in the river would be perfect. Wading into the stream will provide a welcome relief from the scorching sun and the cool water will feel great. The riverbed rocks are perfect for relaxing on, whether you're out in the sun or just need a place to kick your feet up.

The waterfall is mesmerising since it is a natural phenomenon. The icy rush of the oncoming waterfall caresses you as it thunders down the granite cliff, dousing you in a haze of mist.

When you listen to the water fall into the pool below, you can't help but feel a sense of peace and awe. Snapping some photos here will immortalise the tranquil beauty of the waterfall and the joy you experienced while enjoying a day in nature. Packing up and driving home will bring you a sense of calm and renewal.

The Lata Tebing Tinggi is more than just a picnic spot, it is a sanctuary where you can recharge with the stunning nature, thrilling adventures, and serenity.



In light of this, I recommend that you visit Lata Tebing Tinggi with your picnic essentials. Enjoy the simple pleasures of nature and let the calm atmosphere, lush plants, and rushing streams turn your day's journey into a memorable one with your loved ones.



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