



FPHP HOT & TOUR BULLETIN



HIDDEN GEMS; MY HOMETOWN

Newsletter VOL. 1/2025 . ISSN 2231-7422

**Faculty of Hotel & Tourism
Management
Universiti Teknologi MARA
Cawangan Pulau Pinang
Permatang Pauh Campus
13500 Permatang Pauh
PENANG**



<https://anyflip.com/homepage/oistf>
[https://penang.uitm.edu.my/index.php/component/
content/article?layout=edit&id=511&Itemid=101](https://penang.uitm.edu.my/index.php/component/content/article?layout=edit&id=511&Itemid=101)

Tel:04 3823888/fax:04 3823681

**Hot & tour newsletter
Feb vol. 1/2025**

ISSN 2231-7422

FPHP BULLETIN CONTENT

HOT & TOUR NEWSLETTER VOL. 1/2025

EDITORIAL BOARD Pg iii

WELCOME NOTES

BULLETIN ADVISOR-HEAD OF STUDY CENTRE Pg iv

BULLETIN EDITOR IN CHIEF Pg vi

BULLETIN MANAGING EDITOR Pg vi

FPHP CREATIVE WRITINGS

Exploring Teluk Intan: A Journey
Through Tourism, Food &
Heritage **PG 1**

Experience the Serenity of
Tanjung Jaga De Campece,
Yan: Beach Camping Getaway **PG 2**

Exploring Heritage & Art at Galeri
DiRaja Arau: Reflections from an
Academic Visit **PG 3-4**

Traditional Kalakatar Dessert
in Perak **PG 5-6**

A Day of Sun and Serenity:
Picnic at Pulau Kapas,
Terengganu **PG 7**

Tanjung Piandang: A Journey
Back to My Hometown's Heart **PG 8**

A Night Under the Stars at
Pantai Kekabu, Marang,
Terengganu **PG 9**

Malay Cuisine Set in
Bertam Golf Resort (BGR) **PG 10**

A Memorable Visit to Spice
Factory: Discovering the Heart
of Nutmeg Balik Pulau **PG 11**

Pantai Sepat in Kuantan,
Pahang: A Picture-Perfect
Scenery **PG 12**

Faculty of Hotel & Tourism Management
Universiti Teknologi MARA
Cawangan Pulau Pinang
Permatang Pauh Campus
13500 Permatang Pauh
PENANG
Tel:04 3823888/fax:04 3823681



FPHP BULLETIN CONTENT

Pg ii

HOT & TOUR NEWSLETTER VOL. 1/2024

FPHP CREATIVE WRITINGS



Hiking Experience:
Dont Avoid Eating Rice

PG 13

From Kampung Roots to
University Town:
The Unique Growth of
Permatang Pauh

PG 17

Lata Tebing Tinggi, Selama,
Perak: The Ideal Spot for a
Picnic& Appreciation of Nature

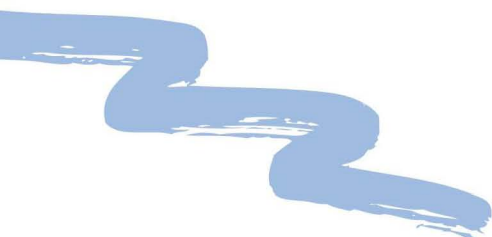
PG 14

Escape to Nature:
Camping at Banana
Campsite, Kampung Kelian
Dalam, Baling, Kedah

PG 18

The Hidden Gem:
Exploring the Allure of Kedah

PG 15-16



Faculty of Hotel & Tourism Management
Universiti Teknologi MARA
Cawangan Pulau Pinang
Permatang Pauh Campus
13500 Permatang Pauh
PENANG
Tel:04 3823888/fax:04 3823681



<https://anyflip.com/homepage/oistf>
[https://penang.uitm.edu.my/index.php/component/
content/article?layout=edit&id=511&Itemid=101](https://penang.uitm.edu.my/index.php/component/content/article?layout=edit&id=511&Itemid=101)

Hot & tour newsletter
Feb Vol. 1/2025

ISSN 2231-7422

A DAY OF SUN AND SERENITY: PICNIC AT PULAU KAPAS, TERENGGANU

PG 7

by

Farhan Faat,

Ahmad, Fauzan Bin Badruzaman, Nor Hafizah Mazlan, & Sperico Michael Alden

An enchanting journey commences as the sun's rays whimsically scatter across the sea. With the help of Mak Cik Gemuk boat service and crew, we discover the tranquil Terengganu Island of Pulau Kapas, where the soothing embrace of nature is practically tangible. This little island is ideal for a day excursion due to its picturesque tropical setting, beautiful beaches, and pristine waters.

On the way to Pulau Kapas, we caught sight of the stunning island. Just a short boat trip away from the mainland is a gorgeous paradise with crystal-clear beaches and emerald-green waters. As we get closer to the island, the seemingly endless expanses of unspoiled beach tempt us to step ashore and enjoy some peaceful relaxation.



Upon arrival in Pulau Kapas, a wonderful sense of tranquillity will overwhelm us. Powdery white sand, verdant dunes, and dazzling blue waters make up this island's beaches. Under the shelter of a tree, we will pitch our beach tent and listen to the soothing sound of the waves lapping on the shore. Jump right in for a swim, it will do wonders for your body and mind. Because the water is so clear, we can make out vibrant schools of tropical fish. Put our snorkelling gear on in preparation for an underwater exploration of this tropical paradise. Exploration as we float amid beautiful underwater creatures.



The next step is to head back to the beach for some much-needed sunbathing. Lay back on the beach, close your eyes, and enjoy the sunshine and sea breeze. We

may find that a stroll down the beach is the perfect way to get some exercise as the days pass. The time for a gorgeous beach picnic is drawing near as the sun sets on another beautiful lunch date with the companion and the kiddos. With our very own picnic basket stocked with tasty treats, lunch meals, and refreshing beverages.

Eating outside of our tent with those you care about, relishing a meal while listening to the sound of the ocean, is the perfect moment to complete the day. As the sun sets and prior to the day transitions into night, it is time to return to the mainland.

Pulau Kapas is the perfect place to unwind and daydream after a long day. A getaway from the stresses of everyday life would be ideal on this island, thanks to its tranquil environment, stunning beaches, and placid waters.

The abundant marine life, breathtaking scenery, and soothing water contact will remain with us as we bid farewell to Pulau Kapas. Get whatever you need and head for Pulau Kapas. Immerse yourself in the island's flawless beauty and let your day excursion transform into an unforgettable paradise getaway.



Faculty of Hotel & Tourism Management
Universiti Teknologi MARA
Cawangan Pulau Pinang
Permatang Pauh Campus
13500 Permatang Pauh
PENANG
Tel:04 3823888/fax:04 3823681



<https://anyflip.com/homepage/oistf>
<https://penang.uitm.edu.my/index.php/component/content/article?layout=edit&id=511&Itemid=101>

Hot & Tour Newsletter
Feb Vol. 1/2025

ISSN 2231-7422



UNIVERSITI
TEKNOLOGI
MARA

Cawangan Pulau Pinang
Kampus Permatang Pauh

FPHP BULLETIN HOT & TOUR NEWSLETTER FEB VOL. 1/2025

Faculty of Hotel & Tourism Management
Universiti Teknologi MARA
Cawangan Pulau Pinang
Permatang Pauh Campus
13500 Permatang Pauh
PENANG
Tel:04 3823888/fax:04 3823681



ISSN 2231-7422



FPHP BULLETIN HOMEPAGE

<https://anyflip.com/homepage/oistf>

FPHP BULLETIN COFFEE CORNER

<https://anyflip.com/bookcase/kchwo>

FPHP WEB UITM CPP-INTERNAL BULLETIN PAGE LINK

<https://penang.uitm.edu.my/index.php/component/content/article?layout=edit&id=511&Itemid=101>