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EXPLORING TELUK INTAN; A JOURNEY THROUGH TOURISM, FOOD, & HERITAGE



Dr. Suria Sufaiman



Nestled in the heart of Perak, Malaysia, Teluk Intan is a charming town brimming with history, culture, and culinary delights. Growing up in Teluk Intan, many changes and progress can be seen from year to year.

It is a city with various ethnic and religious backgrounds, and this is what makes Teluk Intan unique. Teluk Intan offers a unique blend of oldworld charm and modern attractions that make it a must-visit destination.

The most iconic and historical marvel is the Leaning Tower of Teluk Intan or Menara Condong Teluk Intan. Over the time, the soft ground under Menara Condong Teluk Intan caused the tower to tilt, giving it a distinctive lean just like Pisa. Constructed in 1885, this pagoda-style structure was originally a water tank designed to supply the town during droughts. Today, visitors can explore this historical marvel, learning about its architectural quirks and enjoying panoramic views of the town from its upper levels. During weekends, a lot of activities around the area like night markets, special events, and a place for locals and visitors to hangout and enjoy the night scenery of the Menara Condong.

Visitors can also enjoy the scenery of Sungai Perak at the Teluk Intan Riverfront. The serene Sungai Perak offers a tranquil setting for a leisurely walk, with opportunities to spot local wildlife and enjoy the picturesque sunset. To get more, hop on the river cruise and enjoy the activities which include scenic views, historical insights and wildlife spotting.

The mangrove areas are particularly rich in biodiversity, making it an excellent opportunity for nature lovers and bird watchers. You can also choose for a river cruise during sunset. As the sun sets over the horizon, the sky is painted in hues of orange and pink, creating a breathtaking backdrop.

Among the famous restaurants in Teluk Intan are Restoran Nasi Lambai, Gulam Rasul, Restoran Udang Galah and Mastan Ghani. Restoran Udang Galah and Mastan Ghani's Mee Rebus and Rojak are perfect for those looking to enjoy traditional Malay flavors,

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while Gulam Rasul's and Nasi Lambai offer extensive menu provides a wide array of options for fans of Nasi Kandar and other South Asian dishes. These restaurants have become iconic for their delicious dishes and are must-visit spots for anyone traveling to this charming town.

A must try beverage is the unique Bandung Tarik in Teluk Intan, a heritage of Abdul Malik family who run a stall at Kampung Bahagia. What makes it special is its traditional preparation method which is similar to the preparation of teh tarik. This technique not only enhances the drink's creamy texture but also makes it frothier, more visually appealing and memorable.



"Teluk Intan may not be the most famous tourist destination in Malaysia, but it is certainly the closest to my heart"

Whether you are an adventurer, a foodie, or a history buff, Teluk Intan welcomes you with open arms and promises memories that will last a lifetime...

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