

**ERGONOMIC AND ANTHROPOMETRIC STUDY IN FURNITURE STYLE
AND DESIGN**

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TABLE OF CONTENTS

	PAGES
APPROVAL SHEET	ii
DEDICATION	iii
ACKNOWLEDGEMENT	v
TABLE OF CONTENTS	vi
LIST OF TABLES	vii
LIST OF FIGURES	viii
LIST OF PLATE	ix
ABSTRACT	x
CHAPTER	
1.0 INTRODUCTION	1
1.1 Definition of design	3
1.2 History of Furniture Styles/Design	4
1.3 History of Ergonomic	7
1.4 Design basic	9
1.5 The principal of design in furniture design	10
1.6 Objectives	11
2.0 LITERATURE REVIEW	12
2.1 Ergonomic	12
2.1.1 Physical Ergonomics	14
2.1.2 Cognitive Ergonomics	14
2.1.3 Organization Ergonomics	14
2.1.4 Basic Element of Ergonomics	15
2.1.5 Interaction of ergonomic	17
2.1.6 Ergonomic data	20
2.1.7 Safety and stability consideration	21
2.1.8 Ergonomic with aspect measure human body	21
2.1.9 Contribution of ergonomics in workstation design	24
2.1.10 Ergonomics and workers	30
2.1.11 Current and Research Directions	31
2.2 Anthropometric	32
2.2.1 Importance of the Human Body Dimensions	35
2.2.2 Availability of Anthropometrics Data	36
2.2.3 Structural data	40
2.2.4 Anthropometrics and its uses	42
2.2.5 Cost benefit analysis	43
3.0 DISCUSSIONS	44
4.0 CONCLUSIONS	61
5.0 REFERENCES	62
6.0 VITA	63

LIST OF TABLE

TABLE	PAGE
1 Flow of the Style or Design.....	6
2 Practicality Attributions.....	9
3 Examples of the Factor Which Influence Working Posture.....	25
4 Interactions of Ergonomics and Workers	29

ABSTRACT

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The most important thing before make a design is the comfortability to user. This is because, to make that all the users get the comfortability when they are using it and realize the important things in designing and making the furniture. It also can be protected the user from injuries causes while they are use it. The causes like blood circulation always happen if the design not suitable for the user. It also to make sure all the user get all comfortability and realize the important things in designing furniture.

Ergonomic is about fit between people, the activities that their carry out the tool they use and the environment that they work and play in. some refer to it as user-centered design. If good fit is achieved, the physical and mental stresses on people are reduced. If not problem such as discomfort, physical injury, errors and reduced effectiveness can result. Ergonomics problems in the workplace are relatively common. The design of workstations, for example, can lead to operators adopting poor posture with excessive bending and or reaching. If tools are in appropriate for badly maintained they maybe damage to muscles or nerves due to vibration or because of the need to exert large forces.