

UNIVERSITI TEKNOLOGI MARA

**[DEPRESSION TEST]
DETECT DEPRESSION AMONG COLLEGE
STUDENT USING MOBILE APPLICATION**

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ABSTRACT

This research will introduce the overview about the depression among college student. The Problem statement, purpose and objective of the study are also discussed in order to get better understanding about the depression that occur in college student. This research also being done to know the effect depression toward the student environment and their student life. It is also being discussed the factor depression because of parent support, emotional distress and sleeping disorder. It will also include the research question that will assist and guide researcher to collect the accurate information about the depression on the student. The purpose of this project is to make a mobile application since people nowadays have their own smart phone and bring it anywhere.

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CHAPTER 1

INTRODUCTION

1.1 Project Background

Depression among college students is really common with student and the frequency of depression was diagnoses among college students in the last six years. This problem if does not being secure it will become a stigma in student mind. Approximately half of young adults that attend the post-secondary education are having a high depression in their college life. Whenever they enter the college environment, the environment was different from school, some of the student are not being able to follow the rules in the university environment.

Most of the student know that the colleges are an important setting in their life, they also know that mental health is also the main concerns in the university life most such as depression must be secure. Most of the student are depression on various thing such as homesick, assignment, extracurricular and others. Most of the student in the high rate of depression is the first year. They are still in the school mode this problem leads to higher depression among student.

However, they are many ways to reduced depression among student, but student are still not fully used it. Student are scared to get the medical treatment in order to reduced their depression. Most of the student does not get the medical treatment due several problems such scared, stigma toward mental health. First of all, there are so many thing that the students can depressed, for instant the higher depression on student is getting a higher CGPA and get a flying colors in their exam. This problem also related to the family achievement. If the student are from the higher achievement, their family need a good performance from their child. It is also affect the student in the poor family they also need their child have a good performance in their studies, some of the family was eager with the successful of their child. This problem also related to the depression among student performance. This problem sometimes lead to student suicide whenever they fail in their examination or does not achieve their family target.