



*The*  
**Epitome**  
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Academy of Language Studies, UiTM Kedah Branch

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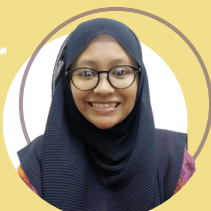
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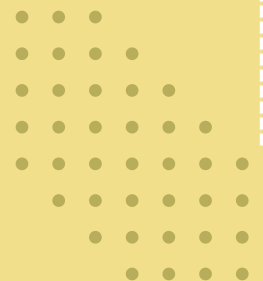
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# synopsis

The Academy of Language Studies, Universiti Teknologi MARA (UiTM) Cawangan Kedah is thrilled to announce the release of the third edition of its e-magazine, The Epitome. This publication exemplifies our steady dedication to fostering creativity in language and literature.

The primary objective of THE EPITOME is to offer a platform where writers, educators, scholars, poets, and researchers can come together to exchange their ideas, discoveries, expertise, and narratives. Our special focus revolves around an array of creative writing genres, encompassing Playwriting, Short stories, Songs, Speeches, Memoirs, Literary Journalism, Humour writing, Lyric essays, Innovative essays, and Personal essays, with a goal to embrace diverse linguistic expressions, with content available in four languages: English, Bahasa Melayu, Mandarin, and Arabic.





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# Preface



## **Mr. Azlan Abdul Rahman**

Head of Faculty  
Academy of Language Studies  
UiTM Kedah Branch

Welcome to Epitome, the 3rd Issue – a collection of thoughts, reflections, and stories that encapsulate the essence of an academic's journey. As the pages unfold, you will embark on a thoughtful exploration of the human experience, woven through the threads of joy, sorrow, and everything in between.

In designing this compilation, our intention is to offer readers a mirror to their own experiences, inviting moments of reflection and connection. Epitome is not just a creative publication; it is an invitation to pause, reflect, and find quality in the shared tapestry of our existence.

Through these pages, the reader may encounter familiar landscapes of the heart and perhaps discover a transformed perspective on the beauty and complexity of academic life. Each piece within Epitome is a humble contribution to the ongoing dialogue of what it means to be human.

I extend our heartfelt gratitude to all those who have been a part of this journey – especially to all the contributors and the esteemed Epitome Editorial Team. Your involvement and presence surely added depth and meaning to this publication.

May Epitome serve as a companion, provoking thought and sparking moments of connection and collaboration.

Thank you for embarking on this literary voyage with us.

# Editor-In-Chief



*Creativity is intelligence having fun*

## **Dear Epitome Community,**

We are back for the third issue and enthusiastic to share with all of you the collection of creative writings crafted by dedicated and imaginative writers. In this third issue, we present a variety of articles ranging from playwriting to lyric essays, each offering a unique tone and style of writing. Thanks to all the creative and talented writers, we hope these pieces can inspire you in various ways.

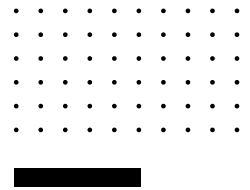
We would like to extend our congratulations to all the inspiring writers for their valuable contributions and unwavering support. Many of these names are familiar to us, as some have been submitting their work since our first volume. Additionally, we would like to express our gratitude to the dedicated committee and reviewers for their time and expertise.

Thank you for being a part of our Epitome community.

Till the next volume,

**Dr. Nur Syazwanie Mansor**  
**Editor-in-Chief,**  
**The Epitome**

# Makan bantal atau Cukur bantal?



**Hema Zulaika Hashim**

Kolej Pengajian Seni Kreatif (KPSK), Universiti Teknologi Mara

**Dalam hidup berkeluarga, kebiasaanya cerita dan perbualan santai kami akan bermula dengan pemerhatian harian yang serius tetapi diatasi dengan kaedah yang harmoni. Watak-watak penceritaan kadang kala terperangkap dalam keadaan lucu, langsung membuka lembaran tawa. Cerita dihiasi sekadar menghilangkan kepenatan bekerja di pejabat. Maka, di ruang makanlah akan menjadi tempat memberi nasihat, sesi menghiburkan hati dari cerita-cerita dan pengalaman seharian bekerja malah secara tidak langsung ikatan ukhwh seisi keluarga dapat diertatkan**

*Situasi: Selepas masing-masing (si suami dan si isteri) balik kerja, di meja makan sambil menikmati minum petang yang dah nak berlabuh malam.*

Tuan badan: Sesuatu betul la...

Me: Apa yang sesuatu tu?

Tuan badan: Rambut ni, akibat dari 'makan bantal' ni 😊

Me: Hahh?? Makan bantal??? Disebabkan dah terlalu masak dengan perangai tuan badan (selalu sahaja buat lawak yang di luar kewarasan), aku mampu gelak kuat-kuat dalam hati jelah, kalau nak divisualkan cara gelak tu, haa ala-ala gelak tertonggeng, meniarap, terlentang sambil lompat bintang... haaa boleh tak visualkan?

Tuan badan: Tu la tu... tak sekata dah rambut ni sebab makan bantal...

Me: (mode- melayankan jelah) lepas ni kalau tidur, pusingkan la kepala tu ke kanan ke, ke kiri ke, tak delah satu tempat je kan... tak la dimakan bantal rambut tu... (mode dalam hati.... tak la b\*t+k kat area tu... tidur menonggeng ke apa kan 😊)

Begitulah kejadian. Ya ampun... kalau perkara tu berlaku kat rambut baby, betullah kejadiannya tu makan bantal... tapi awe... awe ni kategori manalah, make sense lah awe wehhhhh 😊

Perbualan menjadi lebih serius tanpa rujukan saintifik yang tepat:

Tuan badan: Percayalah, rambut nipis ini adalah tanda kebijaksanaan yang semakin meningkat! Kepala kita ni tidak mengalami penuaan, hanya sedang memberi ruang lebih untuk pemikiran-pemikiran hebat yang semakin berkembang di dalamnya. Itulah sebabnya rambut pun memilih untuk memberikan extra space.

Me: Oh, begitu! Jadi, rambut nipis ini sebenarnya adalah taktik kebijaksanaan semulajadi untuk memberi ruang lebih untuk pemikiran cemerlang, begitu ya...?

Tuan badan: Tepat sekali! Rambut nipis ini sebenarnya adalah antena kebijaksanaan. Semakin nipis, semakin cepat kita menerima idea hebat. Jadi, itu dinamakan sebagai platform penerimaan bijaksana, tiada halangan, malah diserap masuk terus ke dalam otak untuk diproses menghasilkan idea-idea cemerlang. Bukankah botak itu genius?

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اشهد ان لا اله الا الله

Me: (dalam hati) Alhamdulillah, masuk maghrib dah... tak perlulah nak sambung cerita kebijaksanaan yang terpancar dari rambut yang 'makan bantal' tu 😊

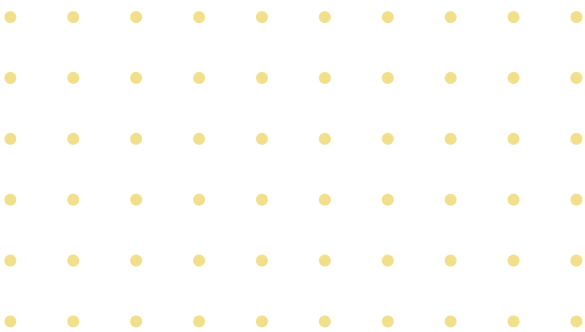




Sembang-sembang dari skrip yang tidak tertulis ini memang akan berlarutan sehingga tiba waktu titik noktah yang sesuai. Setiap hari, begitulah kesudahan perbualan yang sempat mengupas pelbagai topik. Hujahannya hanya sekadar menjadi halwa telinga, tiada yang tersimpan di dalam hati tetapi menjadi pengalaman yang berharga.



Cuba perhatikan platfom penyerapan idea - di bahagian yang nipis itulah dikatakan sebagai kawasan serapan kebijaksanaan (gambar dan caption adalah sebagai bahan humor).



**Keseluruhannya, dialog ini menggambarkan interaksi jenaka antara dua karakter (si suami dan si isteri) yang mencipta situasi santai berkaitan keadaan rambut yang menjadi isu dan faktor kepada para lelaki yang meningkat usia. Sebelum menulis dan berkongsi cerita, penulis telah mendapat keizinan dari tuan badan. Tuan badan izinkan, sebab katanya, inilah isu ayah-ayah baby .... dari baby sampai ke level atok baby tak selesai-selesai masalah ni. Sekian.**

#cebisankata  
#expertviews  
#motivation  
#creativity  
#valueyourself  
#cukurbantal

The End.



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