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**Epitome**  
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Academy of Language Studies, UiTM Kedah Branch

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UiTM Cawangan Kedah,  
Pn. Razanawati Nordin, Chief Editor,  
UiTM Cawangan Kedah, Kampus Sg. Petani, 08400 Merbok, Kedah  
Email address: [razanawati@uitm.edu.my](mailto:razanawati@uitm.edu.my)  
Contact No: 044562421

Copy Editor: Ms. Rafidah Binti Amat & Ms. Nor Asni Syahriza Abu Hassan  
Graphic Designer: Mr. Mohd Hamidi Adha Mohd Amin



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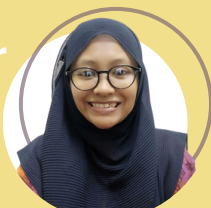
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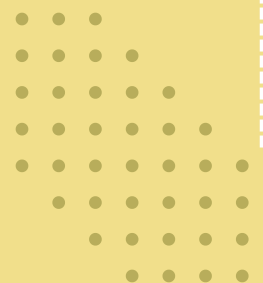
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# synopsis

The Academy of Language Studies, Universiti Teknologi MARA (UiTM) Cawangan Kedah is thrilled to announce the release of the third edition of its e-magazine, The Epitome. This publication exemplifies our steady dedication to fostering creativity in language and literature.

The primary objective of THE EPITOME is to offer a platform where writers, educators, scholars, poets, and researchers can come together to exchange their ideas, discoveries, expertise, and narratives. Our special focus revolves around an array of creative writing genres, encompassing Playwriting, Short stories, Songs, Speeches, Memoirs, Literary Journalism, Humour writing, Lyric essays, Innovative essays, and Personal essays, with a goal to embrace diverse linguistic expressions, with content available in four languages: English, Bahasa Melayu, Mandarin, and Arabic.





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# Preface



## **Mr. Azlan Abdul Rahman**

Head of Faculty  
Academy of Language Studies  
UiTM Kedah Branch

Welcome to Epitome, the 3rd Issue – a collection of thoughts, reflections, and stories that encapsulate the essence of an academic's journey. As the pages unfold, you will embark on a thoughtful exploration of the human experience, woven through the threads of joy, sorrow, and everything in between.

In designing this compilation, our intention is to offer readers a mirror to their own experiences, inviting moments of reflection and connection. Epitome is not just a creative publication; it is an invitation to pause, reflect, and find quality in the shared tapestry of our existence.

Through these pages, the reader may encounter familiar landscapes of the heart and perhaps discover a transformed perspective on the beauty and complexity of academic life. Each piece within Epitome is a humble contribution to the ongoing dialogue of what it means to be human.

I extend our heartfelt gratitude to all those who have been a part of this journey – especially to all the contributors and the esteemed Epitome Editorial Team. Your involvement and presence surely added depth and meaning to this publication.

May Epitome serve as a companion, provoking thought and sparking moments of connection and collaboration.

Thank you for embarking on this literary voyage with us.

# Editor-In-Chief



*Creativity is intelligence having fun*

## **Dear Epitome Community,**

We are back for the third issue and enthusiastic to share with all of you the collection of creative writings crafted by dedicated and imaginative writers. In this third issue, we present a variety of articles ranging from playwriting to lyric essays, each offering a unique tone and style of writing. Thanks to all the creative and talented writers, we hope these pieces can inspire you in various ways.

We would like to extend our congratulations to all the inspiring writers for their valuable contributions and unwavering support. Many of these names are familiar to us, as some have been submitting their work since our first volume. Additionally, we would like to express our gratitude to the dedicated committee and reviewers for their time and expertise.

Thank you for being a part of our Epitome community.

Till the next volume,

**Dr. Nur Syazwanie Mansor**  
**Editor-in-Chief,**  
**The Epitome**



# Life of A Solo Traveler

**Zaity Akhtar binti Mukhtar**

UiTM Kampus Alor Gajah

**Maisarah Norezam**

UiTM Kampus Pasir Gudang

In a world where connectivity and technology have made the globe seem smaller, there exists a breed of adventurers who choose to navigate the vastness of the world alone. The solo traveler, unburdened by companionship, sets out on a journey that transcends the conventional boundaries of exploration. What are the reasons behind the choice? What will be the challenges they might face and what could be the significant experiences that shape their life perspective?

Choice of being a solo traveler is due to a personal odyssey, driven by a thirst for discovery and a desire to connect with the world on an intimate level. Embracing the unknown, seeking out experiences that challenge preconceived notions and foster personal growth is part of solo traveler activities. Wandering through ancient streets, immersing oneself in local cultures, or simply finding solace in the beauty of untouched landscapes, the solo traveler answers the call of adventure with an open heart.

The freedom to shape one's journey according to personal preferences is one of the most liberating aspects of solo travel. Whether it's last-minute schedule adjustments or chance meetings with locals, solo travelers are free to follow their instincts and craft a story that is entirely their own. As people face their anxieties, overcome obstacles, and uncover hidden strengths, this freedom promotes self-discovery.'

There are difficulties involved in traveling alone, which the lone travelers must overcome with resiliency and flexibility. Every obstacle from linguistic and cultural hurdles to unanticipated setbacks becomes a chance for growth and development. By overcoming these obstacles, solo travelers can develop a sense of independence and self-reliance that will enable them to confidently face the unknown.

Despite the common misconception that traveling alone is a solitary endeavor, many single people discover that they are able to create cross-border contacts. Moments spent together with tourists and locals alike form a worldwide web of friendships, demonstrating that there are a lot of kindred spirits out there just waiting to be found. Traveling alone teaches one to treasure the richness of transient relationships and to recognize their beauty.

A solitary traveler's life is a tapestry weaved with a multitude of events. Solo travel elicits a wide range of feelings, from the rush of reaching personal goals to the tranquility of introspective periods. Every trip turns into a chapter in a personal story that broadens one's outlook on life and deepens one's comprehension of the globe.

In conclusion, the lone travelers set out on a life-changing voyage of self-discovery and international exploration, free from the demands and influences of companies. Their narratives combine to create a tapestry of encounters, difficulties, and relationships that push the envelope of what is conceivable. By deciding to welcome the unknown, the lone travelers not only make their way through the world's physical landscapes but also set out on an internal voyage that transforms their existence.



The End.



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