



The **Epitome** */I'pitəmi/*

Academy of Language Studies, UiTM Cawangan Kedah

*We are back!
Welcoming the epitome of artistic ideas &
astonishing writers!*

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SYNOPSIS

The Academy of Language Studies, Universiti Teknologi MARA (UiTM) Cawangan Kedah is thrilled to announce the release of the second edition of its e-magazine, The Epitome. This publication exemplifies our steady dedication to fostering creativity in language and literature.

The primary objective of THE EPITOME is to offer a platform where writers, educators, scholars, poets, and researchers can come together to exchange their ideas, discoveries, expertise, and narratives. Our special focus revolves around an array of creative writing genres, encompassing Playwriting, Short stories, Songs, Speeches, Memoirs, Literary Journalism, Humour writing, Lyric essays, Innovative essays, and Personal essays, with a goal to embrace diverse linguistic expressions, with content available in four languages: English, Bahasa Melayu, Mandarin, and Arabic.

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Every day is learning curves...

Dear Readers,

We are back! We are thrilled to present a collection of articles that we believe capture the essence of the writers. Our team has worked diligently to curate content that we hope will both engage and resonate with you.

In these pages, you will find a diverse range of perspectives on life, from joy to sorrow. We hope these pieces inspire reflection and spark meaningful conversations.

We want to express our deepest gratitude to our talented contributors for their time and expertise. Their dedication is what makes the second issue of Epitome possible.

As always, we value your feedback. Please do not hesitate to reach out with your thoughts and suggestions.

Thank you for being a part of our Epitome community.

Warm regards,

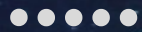
Razanawati Nordin
Editor-in-Chief,
The Epitome

EDITOR'S NOTE

回不去的爱

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小晴是一个忙碌的在职妈妈，除了工作，她还得兼顾孩子和家务。虽然生活节奏颇为紧张，但是和家人的联系依旧没间断，唯独遗憾的是，家里的那片笑声却常常少了爸爸的声音。

小晴的爸爸年逾古稀，他苍颜白发，看起来身体羸弱，但是每个早上风雨不改骑着摩托车去咖啡店会友的决心依旧不变。妈妈常嚷嚷，他是人家老板的免费劳工，每天都要去店里帮忙开店，不到中午都不见他回家。

小晴爸爸的童年坎坷，父亲早逝，母亲随后带着他改嫁。继父对他不好，吃不饱穿不暖是他每天的生活写照。这种不招待见的日子持续到他少年时期，然后他遇到了一个收留他的神父，才开始了一段安稳的日子。然而童年的经历造就了他倔强固执，甚至有些孤僻的个性，和家人之间的关系永远都好像有那么一层打破不了的隔。

小晴对爸爸的爱，或许不深，但是毕竟是自己的爸爸，她还是在意的。她记得爸爸要喝的奶粉，要吃的补品，爸爸拜托她做的事情。爸爸最后一个生日，她庆幸她坚持，托人做了一个特别的蛋糕，下班了，带着孩子开车回老家和爸爸庆祝。但是她却因为孩子的哭闹，没有来得及和大家一起为爸爸唱生日歌，至今这件事一直让她耿耿于怀。

她记得八月的某一天，距离爸爸生日仅仅就那么两个月的时间。有一天，二弟捎来信息说爸爸午饭时间都已经过了，还是没回家，大家开始紧张。由于爸爸不肯学习使用手机所以大家都没办法联络到爸爸。妹夫开车到处寻找，弟弟则打电话联系爸爸的朋友，隔了一段时间还是一无所获。到了下午时间，才接到医院的电话，说爸爸自己去看病，然后被医生强制入院了。

从第一个诊断，肺积水到后来的肺炎、肺癆甚至肺癌，只是经过了短短的两个星期，他最终还是敌不过病魔，突然在一个早上就这样离开了。这让小晴深感震惊和悔恨，她开始反思自己的生活。她后悔没有花更多的时间陪伴爸爸，没有珍惜过去的时光。

在一个宁静的夜晚，小晴在床上思索着，突然感觉到一种奇怪的感觉。当她闭上眼睛，她突然发现自己回到了童年时光，她站在家中的厨房门口，看着爸爸在炉子前翻煎鸡蛋。这是她童年最温暖的回忆之一，她从未忘记过。在这个意外的时刻，她能够感受到爸爸的存在，仿佛时光倒流。她和爸爸愉快地交谈，分享了她的工作和生活，还说了那些她以前从未说出口的话。

爸爸的逝去在她的心中留下一处伤口，永远无法修复的伤口。无论遇到多开心的事情。

她总觉得心中的郁闷挥散不去。她曾经无数次问过自己，若可以再回到过去，情况还会一样吗？答案其实很明确，人是很难改变的，就算再重来一次，她还是那个她，把所有的精神精力都只留给自己的工作和孩子。

无论如何，她明白，人的一生终究还是太短暂了，此生尽，便是永生尽。尽管无法改变过去，但她可以改变未来，珍惜眼前的时刻，珍惜每一个爱她和她爱的人。



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