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"Empowerment of Special Meeds through Invention & Innovation"

# EXTENDED ABSTRACT

# MiiEX'2024

#### **MELAKA INTERNATIONAL INTELLECTUAL EXPOSITION 2024**

"EMPOWEREMENT OF SPECIAL NEEDS THROUGH INVENTION AND INNOVATION"

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# MiiEX'2024

## MELAKA INTERNATIONAL INTELLECTUAL EXPOSITION 2024 "EMPOWEREMENT OF SPECIAL NEEDS THROUGH INVENTION AND INNOVATION"

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INNOVATION, INVENTION, AND DESIGN

#### FOREWORD BY THE RECTOR OF UITM CAWANGAN MELAKA



# Professor Ts. Dr. Mohd Rasdi bin Zaidi Rector, Universiti Teknologi MARA (UiTM) Cawangan Melaka

Welcome to the Melaka International Intellectual Exposition 2024 (MIIEX '24). It is an honour for me, on behalf of UiTM Cawangan Melaka, to thank all of you for joining MIIEX '24. We are proud to inform you that this is the 13th consecutive year that UiTM Cawangan Melaka is organizing this exposition. Since 2009, UiTM Cawangan Melaka has successfully hosted this innovation exposition. Not only have we succeeded in organizing the exposition, but we have also successfully embarked on commercialized products.

2024 is a special year where MIIEX 2024 emphasizes the development of special needs. As we know, special needs indicate a limitation in a person's ability to engage in and benefit from various aspects, such as daily activities and education. Hence, with the theme "Empowering Special Needs Through Invention and Innovation," it is a platform for industries, professionals, academicians, students, and communities to share their innovative ideas and products to increase accessibility for those with special needs.

The successful implementation of MIIEX '24 is our joint success. This event was supported by the Melaka state government through YB Datuk Fairul Nizam bin Roslan, the EXCO of Science, Technology, Innovation, and Digital Communication. I also want to express my

gratitude to Universitas Negeri Padang, Indonesia, Universitas Muhammadiyah, Makassar, Indonesia, the International Association of Economic and Businesses (IAEB), Universiti Sains Islam Malaysia, Ibnu Ummi Maktum Research Center (UMMI), USIM, and The Southeast Asia Minister of Education Organization Regional Centre for Special Educational Needs (SEAMEO SEN) as our co-collaborators for MIIEX 2024.

The collaboration from various parties in MIIEX '24 is a platform that will improve cooperation and interweaving among industries, professionals, academicians, students, and communities in shaping their potential in developing innovation products. This exposition also serves as a platform to cultivate and uphold the nation's innovation culture by presenting new ideas and research by young people, especially from academia and universities. Indirectly, MIIEX '24 will encourage all inventors towards empowering Science, Technology, Engineering, and Mathematics (STEM), especially in primary and secondary schools.

The new digital landscape also inspires more innovation and new ideas that contribute to various activities, such as business and industries. As a university that encourages "Research and Innovation," we aim to foster more innovative products that benefit scholars, industries, and communities, addressing issues to improve our present and future life.

This exposition would never happen without dedication, teamwork, and commitment. A round of applause should be given to the committee teams, who are the backbone of this exposition. Their hard work, effort, and time made this exposition possible.

Finally, I would like to conclude this brief remark by thanking all the participants and stakeholders for joining the exposition. We hope that this collaboration never ends here.

Thank you.

# FOREWORD BY THE DEPUTY RECTOR (RESEARCH & INDUSTRIAL LINKAGES)



#### Associate Professor. Dr. Nur Hayati binti Abd Rahman

#### Deputy Rector (Research & Industrial Linkages), Universiti Teknologi MARA (UiTM) Cawangan Melaka

With much passion and privilege, let me warmly welcome all of you to the Melaka International Innovation Exhibition (MIIEX), UiTM Cawangan Melaka's flagship event. I firmly believe that events such as these demonstrate the gradual evolution of this platform in terms of its significance and its governing principles within the sphere of learning and the broader scholarly society.

The theme for this year, "Empowering Special Needs Through Invention and Innovation," strongly connects to our mission of using research and technology to make a positive impact on the world we live in. Besides enforcing the message of diversity, this theme also reaffirms our focus on creating products to improve the lives of people with disabilities (PWDs). Such innovations are vital as only through focused constructive changes can society become more sensitive to the needs of all members.

MIIEX allows researchers, students, and industry professionals to come together, share their innovative research, and develop viable research partnerships. It has been great to see the enthusiasm of the participants and the efforts they put into their projects, which can offer various social and economic benefits. This is why one can state that MIIEX is a great

opportunity for creating connections between the academic environment and industry, facilitating the implementation of innovative and promising projects.

Finally, I would like to express my sincere appreciation to all the members and supporters of the organizing committee, all the participants, sponsors, and everyone involved in preparing this event. I want to express my gratitude for your commitment and involvement, as the success of MIIEX and the development of an active culture of innovation in our university and beyond is partly owed to your support.

Thank you

#### FOREWORD BY THE PROJECT DIRECTOR



## Dr Zulkefli bin Muhamad Hanapiyah Senior Lecturer

Assalamualaikum and Warmest Greetings,

It gives me a great pleasure, on behalf of the organizing committee, to welcome all participants and speakers to the Melaka International Intellectual Exposition 2024 (MIIEX '24) with the theme "Empowering Special Needs Through Invention and Innovation." We are honoured and pleased to welcome all participants to this biennial event.

MIIEX '24 is a platform that gathers experts from local and international industries, academia, scientists, researchers, and the community to contribute to the advancement of scientific and technological knowledge. This knowledge helps develop disruptive innovation products that improve daily activities for businesses and the community, especially those with special needs.

MIIEX '24 provides an atmosphere for inventors of all levels to gain new exposure and collaborate. Indirectly, this promotes a collaborative and innovative culture that focuses on cutting-edge technologies and new standards in technology and creativity.

MIIEX '24 is anticipated to serve as an arena for participants to acquire and disseminate revolutionary information on ideas and innovation. It is intended that the competition will expose the contestants' minds to the latest technologies and designs, aligning with the government's goal of encouraging innovation in Malaysia.

Finally, I want to compliment my fellow committee members on their amazing efforts, which were vital to the event's success. In addition, I want to thank our co-organizers, event sponsors, and participants. Optimistically, we hope that all new knowledge discovered, invented, or innovated will lead us toward future sustainability.

Thank you.

### FOREWORD BY MELAKA STATE EXCO OF SCIENCE, TECHNOLOGY, INNOVATION AND DIGITAL COMMUNICATIONS



#### YB Datuk Fairul Nizam bin Roslan

#### Melaka State Exco of Science, Technology, Innovation and Digital Communications

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Finally, I would like to conclude this brief remark by thanking all the participants and stakeholders for joining the exposition. We hope that this collaboration never ends here.

Thank you.

## **MIIEX'24 ORGANISING COMMITTEE**

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	MUHAMMAD FURQAN BIN AZHAR
	KHAIRUL AZHAR BIN LOCHMAN

#### ABOUT MIIEX'24

MIIEX'24 is an innovation competition annually organised by UiTM Melaka with the intention to bring together ideas and inspiration that could fit in for commercialization needs. This event creates a platform for researchers to establish networking, partnership and opportunities to collaborate with industries.

#### **OBJECTIVES**

- 1. Encourage and instil passion towards inventing and innovating among UiTM Cawangan Melaka staff, students and academicians of local and international higher education institutions;
- 2. Highlight distinguished talents of skilful inventors and exhibit intellectual products, inventions and innovations among local and private tertiary institutions, government and private agencies, including international participants;
- Become an effective Business Matching platform for participating research products, matching industries and partnering government agencies;
- 4. Recognise, inspire and promote invention and innovation products to be patented and commercialized;

5. Increase passion towards inventing and innovating through research and boost interests of government and non-government agencies to obtain consultancy services from a line up experts of higher education institutions and UiTM Cawangan Melaka.

#### THEME

# 'EMPOWERMENT OF SPECIAL NEEDS THROUGH INVENTION AND INNOVATION'

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#### ArthriEase Kit

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#### Abstract

Arthritis can significantly impact daily tasks, but this innovative ArthriEase Kit empowers individuals to regain independence and manage their condition effectively. This innovative kit combines three targeted solutions to address common challenges associated with hand arthritis, indirectly making the kit 3-in-1 unique innovation. Through a combination of practicality, efficacy, and user-friendly design, this kit seeks to improve the quality of life for those living with arthritis, offering holistic support for managing symptoms and fostering a sense of well-being. Firstly, the kit incorporates a scientifically designed hand gripping exercise tool. This tool strengthens hand muscles and improves dexterity, making everyday activities like opening jars easier. Secondly, this ArthriEase Kit includes a specially designed cup holder that provides a wider, easier-to-grip surface for holding mugs and cups. This reduces strain and discomfort while enjoying beverages. Finally, the kit features a unique utensil adaptation tool that transforms regular combs, forks, and spoons into comfortable easy-to-use implements. This allows individuals to maintain their independence during meals and personal care routines. The ArthriEase Kit offers a comprehensive and convenient approach to managing arthritis in their daily life. By focusing on strengthening, stabilizing, and adapting to everyday tasks, the kit empowers individuals to regain control and improve their quality of life.

### Keywords: Arthritis, ArthriEase Kit, Innovative Kit, Exercising tool, Unique utensil, Quality of Life

#### **1. INTRODUCTION**

According to Branch (2017), "arthritis" denotes inflammation of the joints. A joint is the point where two bones come together, like in your knee or elbow. There are numerous varieties of arthritis, each with its own causes and therapies. Certain varieties may also impact other organs, like your skin, heart, or eyes. Joint discomfort, redness, heat, and swelling are typical signs of arthritis. Arthritis is a widespread condition that can significantly impact daily life (Bell, 2024), making simple tasks like gripping objects or holding utensils a challenge. The ArthriEase Kit was developed to address these limitations and empower individuals with arthritis to regain control and manage their condition effectively.

#### 2. OBJECTIVE

Enhancing the freedom and quality of life for people with hand arthritis is the main goal of the ArthriEase Kit. This innovative ArthriEase Kit aims to empower arthritis patients by addressing the problem on numerous fronts. The kit includes a scientifically built hand gripper to strengthen muscles and enhance dexterity, a specifically designed cup holder to provide a wider, easier grip on mugs and cups, and a utensil adaptation tool to convert everyday cutlery into comfortable, manageable instruments. This three-pronged strategy aims to improve hand strength and dexterity, increase functionality for daily tasks, and, eventually, reduce pain and discomfort, allowing arthritis patients to regain independence and better manage their disease.

#### 3. NOVELTY & INVENTIVENESS

The ArthriEase Kit sets itself apart by providing a special blend of focused solutions. Specifically for arthritic hands, the innovative method of strengthening hand muscles and enhancing dexterity is the scientifically built hand gripping training gadget. Therefore, this uniquely kit crafted cup holder and utensil adaptation tool to tackle typical everyday challenges, providing a degree of practicality and user-friendliness not commonly found in current products.

In addition, the user-friendly features, and ergonomic designs of this ArthriEase Kit demonstrate a thorough comprehension of the unique requirements and constraints faced by arthritis sufferers. Everyone can easily integrate these components into their everyday routines because each one has been thoughtfully designed to optimize both effectiveness and usability.

This creative method highlights how unique and creative the ArthriEase Kit is when it comes to managing arthritis.

#### 4. PRACTICALITY & USEFULNESS

Practicality and daily use are given first priority in the ArthriEase Kit. The provided tools are designed to fit easily into everyday tasks. Targeted strengthening exercises can be performed anywhere using this portable hand gripping exercise tool. As the cup holder and utensil adaptor are lightweight and simple to assemble, they are always ready for use when eating or taking care of oneself.

Due to its flexibility and adaptability, users are able to continue being independent and participate fully in the activities they enjoy, without being constrained by the limitations imposed by arthritis. The ArthriEase Kit, which provides more than just tools but a complete solution that easily fits into everyday life, essentially embodies a philosophy of empowerment through practicality. It guarantees that people with arthritis can go about their everyday activities with dignity, comfort, and confidence by placing a high priority on portability, ease of use, and accessibility.

#### 5. CONCLUSION

In conclusion, this inventive and useful method for helping individuals with arthritis symptoms is provided by the ArthriEase Kit. The ArthriEase Kit helps people regain independence in their daily activities and enhances their general well-being by combining hand strengthening exercises, enhanced grip support, and utensil adaptation. This holistic technique enables people to strengthen their hands, enhance dexterity, and feel less pain while performing regular duties. Finally, the ArthriEase Kit helps people with arthritis feel more in control and have a better quality of life.

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