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MARA

# *The* **Epitome** */I'pitəmi/*

Academy of Language Studies, UiTM Kedah Branch

*Unleash the epitome of creative writers*

Volume 1, Issue 1

2023

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eISSN 3009 - 0075

Published by:

UiTM Kedah Branch,  
Pn. Razanawati Nordin, Chief Editor,  
UiTM Cawangan Kedah, Kampus Sg. Petani, 08400 Merbok, Kedah  
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## SYNOPSIS

The Academy of Language Studies, Universiti Teknologi MARA (UiTM) Kedah branch is proud to present the first issue of its e-magazine, The Epitome, as our focus to highlight our commitment to contribute to the areas of creative writing.

THE EPITOME aims to provide a platform for writers, educators, academicians, poet, and researchers to share their ideas, findings, knowledge, and experience, particularly on various creative writing genres - personal essays, poetry, short stories, songs, movie scripts, plays, and innovative projects in four different languages ( English, Bahasa Melayu, Mandarin, and Arabic).

## EDITOR'S NOTE

Dear readers,


It is with great pleasure and immense pride that we, the Academy of Language Studies at Universiti Teknologi MARA (UiTM) Kedah branch, extend our warmest welcome to all writers and readers to honor all 127 artistic masterpieces. This is indeed a tremendous achievement to commemorate our debut.

We are privileged to offer the platform for the writers to show their talents in creative writing in this magazine, which serves as a testament to our commitment to the area of personal essays, poetry, short stories, songs, movie scripts, plays, and innovative projects. Their invaluable contributions and unwavering commitment to academic excellence have played a vital role in shaping this magazine.

Thank you.

Best regards,

Editorial Board

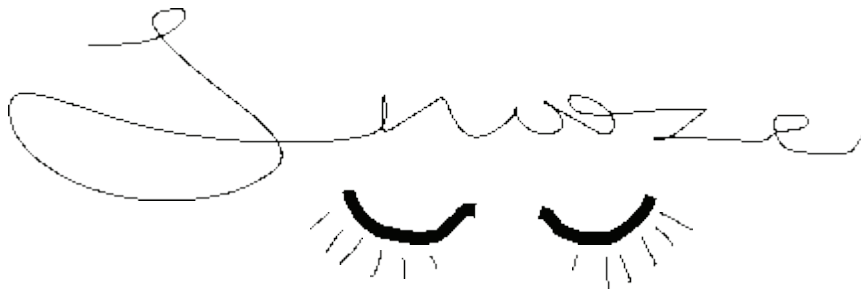


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## SNOOZE

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You know that nice snooze you have after that mandatory alarm,  
Though it was only for 5 minutes?  
Or that many snoozes you hit, just to wake up feeling deprived still.  
“Five minutes more ...” as you sink back into slumber land,  
And regardless of how many times, or how long the snoozes were,  
You’ll always end up having sleep inertia.

That transitional state between sleep and wake is taxing.  
You took a peek at your phone’s alarm, one-eyed.  
Battling between logic and emotion, between a five-minute or two.  
Subconsciously treading the waters.  
Sometimes it becomes easy to just summon yourself up,  
Or perhaps, taking that two-minute would be more tempting.

If this is an analogy to our life’s milestones, then perhaps it’s an  
inertia  
Catching up on deadlines, burning the midnight oil, pasting post-it  
notes, you name it all.  
As if we’re constantly running, but like mice running on wheels.  
Ticking the checklist could sometimes be like short multiple snooz-  
es,  
But sometimes it is like that one long snooze.  
Either way, we’re deprived.



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eISSN 3009-0075



9 773009 007004