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MARA

The **Epitome** */I'pitəmi/*

Academy of Language Studies, UiTM Kedah Branch

Unleash the epitome of creative writers

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SYNOPSIS

The Academy of Language Studies, Universiti Teknologi MARA (UiTM) Kedah branch is proud to present the first issue of its e-magazine, The Epitome, as our focus to highlight our commitment to contribute to the areas of creative writing.

THE EPITOME aims to provide a platform for writers, educators, academicians, poet, and researchers to share their ideas, findings, knowledge, and experience, particularly on various creative writing genres - personal essays, poetry, short stories, songs, movie scripts, plays, and innovative projects in four different languages (English, Bahasa Melayu, Mandarin, and Arabic).

EDITOR'S NOTE

Dear readers,

It is with great pleasure and immense pride that we, the Academy of Language Studies at Universiti Teknologi MARA (UiTM) Kedah branch, extend our warmest welcome to all writers and readers to honor all 127 artistic masterpieces. This is indeed a tremendous achievement to commemorate our debut.

We are privileged to offer the platform for the writers to show their talents in creative writing in this magazine, which serves as a testament to our commitment to the area of personal essays, poetry, short stories, songs, movie scripts, plays, and innovative projects. Their invaluable contributions and unwavering commitment to academic excellence have played a vital role in shaping this magazine.

Thank you.

Best regards,

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A TEH AIS STORY

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In a place not far from here
There lives a commoner, just like any other
Who, on a hot sunny day, makes her way
People think she'd be going to Subway
With her Gucci glasses slid on her nose,
tapping the menu with a diva-like pose
"Excuse me, I'd like to have the iced tea"
"Make it in a venti cup, with two pumps of
cinnamon syrup"
"And I'd like it to be extra creamy"
Oh... Just kidding, she was just trying to be
funny
So, on she is with her order at her regular
"Kak, teh ais satu, macam biasa".

Merrily she goes on her way for almost every
single day
Regardless of what people say, until one day
When a doctor tells her "You're obese, with
moderate risk"

But she simply doesn't want to believe
"Come on now, I'm young and healthy"
"And almost everyone is also obese"
Then she notices something's not right with

her knees
Soon, she starts having back pain, which could
potentially be slipped disc
The doctor said her obesity could have caused
this

"Your weight is just too much for your body to
carry"
And she remembers she once had diabetes
"My oh my" she's having a tragic epiphany.

It seems this story doesn't have a happy ending
Because you may be thinking
Gone were the days, where she could enjoy her
favorite drink
Sure, it is hard, parting ways and saying good-bye

But she realises, it's for a better life
And in the end, she lives long and healthy with
her children of five.



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