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The **Epitome** */I'pitəmi/*

Academy of Language Studies, UiTM Kedah Branch

Unleash the epitome of creative writers

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SYNOPSIS

The Academy of Language Studies, Universiti Teknologi MARA (UiTM) Kedah branch is proud to present the first issue of its e-magazine, The Epitome, as our focus to highlight our commitment to contribute to the areas of creative writing.

THE EPITOME aims to provide a platform for writers, educators, academicians, poet, and researchers to share their ideas, findings, knowledge, and experience, particularly on various creative writing genres - personal essays, poetry, short stories, songs, movie scripts, plays, and innovative projects in four different languages (English, Bahasa Melayu, Mandarin, and Arabic).

EDITOR'S NOTE

Dear readers,

It is with great pleasure and immense pride that we, the Academy of Language Studies at Universiti Teknologi MARA (UiTM) Kedah branch, extend our warmest welcome to all writers and readers to honor all 127 artistic masterpieces. This is indeed a tremendous achievement to commemorate our debut.

We are privileged to offer the platform for the writers to show their talents in creative writing in this magazine, which serves as a testament to our commitment to the area of personal essays, poetry, short stories, songs, movie scripts, plays, and innovative projects. Their invaluable contributions and unwavering commitment to academic excellence have played a vital role in shaping this magazine.

Thank you.

Best regards,

Editorial Board



- 30 HERS**
By Iffah Insyrah Mohd Zarali, Akademi Pengajian Bahasa, UiTM Cawangan Melaka
- 32 SOUL WITNESS**
By Maryam Azizan, Akademi Pengajian Bahasa, UiTM Shah Alam
- 34 AKU – VIRUS COVID-19**
By Mohd Izani Othman (DR.), Faculty of Pharmacy, UiTM Pulau Pinang, Bertam Branch
- 36 BUNGA ANEH DAN SEBUAH KEHIDUPAN**
By Nurhafizah Ali, Akademi Pengajian Bahasa, UiTM Cawangan Terengganu
- 37 WHAT?!**
By Ong Elly, Academy of Language Studies, UiTM Perak, Tapah Branch
- 38 A LONGED VACATION**
By Siti Husniah Husin, Akademi Pengajian Bahasa, UiTM Dengkil
- 40 A WITNESS**
By Siti Husniah Husin, Akademi Pengajian Bahasa, UiTM Dengkil
- 42 SECRET LOVE**
By Siti Husniah Husin, Akademi Pengajian Bahasa, UiTM Dengkil
- 43 ABAH**
By Siti Norfatimah Ismail, Fakulti Sains Kesihatan, UiTM Cawangan Selangor
- 45 CHATGPT: SAY YES OR NO?**
By Hajah Aishah Haji Othman, Pusat Tingkatan Enam, SMK Keladi, Kulim, Kedah
- 47 SEBUAH PENGAJARAN DAN KESEDARAN**
By Arrominy Haji Arabi, Faculty of Business and Management, UiTM Sarawak Branch
- 48 忆北京留学之食篇**
By 朱锦芳 Choo Kim Fong, Akademi Pengajian Bahasa, UiTM Johor Kampus Segamat
- 49 ARE WE LIVING IN THE AGE OF DIGITAL DYSTOPIA?**
By Dr Sheikh Ali Azzran, Fakulti Senibina, Perancangan dan Ukur, UiTM Shah Alam
- 51 “THREE DECADES OF DEAD POETS SOCIETY”**
By Faiza Rostam Affendi, Akademi Pengajian Bahasa, UiTM Cawangan Pahang
- 53 THE WAY OF LIFE**
By Haslina Hassan, Akademi Pengajian Bahasa, UiTM Shah Alam
- 55 播茶飘香 (THE FRAGRANCE OF LEICHA)**
By Loh Siaw San, Akademi Pengajian Bahasa, UiTM Cawangan Sarawak
- 56 CURRENT TRENDS OF TRAVEL AGENCY**
By Mashita Abdul Jabar, Faculty of Hotel and Tourism Management, UiTM Melaka Branch
- 58 NIGHT OF THE LONG KNIVES**
By Mohd Faisal Abdul Wahab¹, Dr. Azila Azmi², Faculty of Hotel and Tourism, UiTM Pulau Pinang Branch
- 60 PERSONAL ESSAY: WHAT MAKES A GREAT LEADER IN ACADEMIA?
FIVE QUALITIES TO LOOK FOR**
By Muhammad 'Arif Aizat Bin Bashir¹, Ahmad Fauzan Bin Badiuzaman²
Faculty of Hotel and Tourism Management, UiTM Pulau Pinang, Permatang Pauh Campus
- 61 THE JOURNEY: AM I CAPABLE?**
By Natasha Zuhaimi, Akademi Pengajian Bahasa, UiTM Pahang Branch, Kampus Raub

忆北京留学之食篇

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印象中对北京的饮食最深刻的感觉是“油”和“咸”。每次外出就餐，无论点的是清炒鲜蔬或是酱烧鸡鸭鱼肉，上菜第一眼看见的必定是“油汪汪”一片，前后呼应地是吃完后也还是那片“油汪汪”。这对于一向偏清淡饮食的我而言，是一大挑战。刚开始的时候，还以为是我个人的问题，后来跟其他国家的留学生接触以后，才发现我并不孤单。解决之道，当然就是亲自下厨，自给自足。不过，课业繁忙，加之一个人食用也不可能给整大鱼大肉，通常都是水煮一切的“大杂烩”。



在留学生涯的数年里，我有过来自世界各国的同屋，俄罗斯、印度尼西亚、巴基斯坦、韩国、美国、意大利和越南，从她们身上学会了少许简易版的各国美食。我的厨艺也从水煮一切进阶，尝试各国美食的烹制。于是，韩国拌饭、紫菜卷、饭团、寿司、海南鸡饭、山东煎饼和生鱼片就应运而生了。

回到马来西亚的三年里，时刻想念凉皮、杭州小笼包、山东煎饼、麻辣烫和麻辣香锅等中国美食。在我学会海淘以后，跃跃欲试地购买材料自己制作，然而在等到包裹送达期间，热情渐渐退散。中国餐馆在马来西亚不少，辣子鸡、水煮鱼、酸菜烤鱼、糖醋里脊、酸辣土豆丝、鱼香茄子和麻辣火锅极易获得，但也不是记忆中的味道了。





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