

ABSTRACT

Background: Vending machine that is made available inside the university campuses are bind to institution's policy and the collaboration with outsource vendor which will eventually affecting the food availability in the vending machine. Student acceptance towards what is being put on sale will determine to revenue made by both the institution and the vendor.

Methods: No statistical method like SPSS was used as the data obtain were solely from secondary sources and researcher wanted to avoid misinterpret or miscount the total actual numbers of schools and universities involve in all the previous research.

Results: If both the institution's policy and outsource vendor are making changes in terms of the new regulation of what food to be sold and adding more variation of healthy food, the availability of healthier food would not be an issue anymore.

Conclusion: A healthier food choice provided in the vending machine is something that can be done successfully if the institution creates a stronger policy

Keywords: Vending machine, tertiary institution, youth, food choices

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