A HYDRANT TONER FROM CENTELLA ASIATICA EXTRACT

MUHAMAD SYAZWAN AJMAL BIN MOHD SANI

Final Year Project Thesis Submitted in Partial
Fulfillment of the Requirements for theDegree
of Bachelor of Science (Hons.) Biology
in the Faculty of Applied Sciences Universiti Teknologi MARA

JULY 2022

This Final Year Project Report entitled "A Hydrant Toner from *Centella asiatica* Extract" was submitted by Muhamad Syazwan Ajmal Bin Mohd Sani in partial fulfillment of the requirements for the Degree of Bachelor of Science (Hons.) Biology, in the Faculty of Applied Sciences and was approved by

Sir Muhammad Azhar Zulkffle
Supervisor
Faculty of Applied Sciences
Universiti Teknologi MARA
02600 Arau
Perlis

Muhammad Syukri Noor Azman Project Coordinator Faculty of Applied Sciences Universiti Teknologi MARA 02600 Arau

Perlis

Zalina Zainal Abidin
Head Centre of Programme
Faculty of Applied Sciences
Universiti Teknologi MARA
02600 Arau
Perlis

Date:		
Daic.		

ABSTRACT

A HYDRANT TONER FROM CENTELLA ASIATICA EXTRACT

Centella asiatica, also known as Gotu Kola, is a medicinal herb that has been utilized in medicine for hundreds of years in which is a plant that has high amount of antioxidant. C. asiatica effective in aids the treatment of minor wounds, hypertrophic wounds, increase the production of collagen, and promotes wound healing. Furthermore, there are few previous research that stated about the antioxidant properties of C. asiatica. This study focuses in assessing and screening the antioxidant activities and efficacy in soothing and hydrating skin from C. asiatica extract. It is important to analyze antioxidant properties of C. asiatica extract to discover a new and suitable green cosmetic product, as an alternative to synthetic chemicals found in most of skincare product worldwide. Discovery of a new skin care product which contain antioxidant properties from C. asiatica extract suitable for most people that has dehydrated skin due to hot weather in Malaysia and also potentially reducing redness, itching and scar on skin. Antioxidant properties in C. asiatica extract has potential to act as antioxidant agent to soothe and hydrate the skin. C asiatica leaves was extracted using absolute methanol. DPPH and TPC assay were later conducted to screen for antioxidant activities. Analysis of DPPH Scavenging Assay with 30 (µg/ml) present the absorbance value 0.232 with 81.35 % inhibition, compared with ascorbic acid that showed 96.13 % inhibition. TPC assay showed the absorbance value for *C. asiatica* extract was 0.73. In this study, C. asiatica extract show DPPH inhibition by 50% at a concentration of 23.25 ug/mL, while the IC50 value for ascorbic acid was 10.01 ug/mL (ascorbic acid was employed as a positive control). Hence, the IC50 value of C. asiatica extract also has higher than ascorbic acid caused by small error. Thus, a new formulation toner from C. asiatica extract (20 mg) with additional of water, scented oil and parfum. This formulation dissimilar with basic formulation toner which requires a specific acid such as salicylic acid, glycolic acid and lactic acid that considered as exfoliating toner for remove dead skin cells.

TABLE OF CONTENTS

	Page
ABSTRACT	iii
ABSTRAK	iv
ACKNOWLEDGMENT	V
TABLE OF CONTENTS	vi ·
LIST OF TABLES LIST OF FIGURES	ix
LIST OF FIGURES LIST OF SYMBOLS	X Xi
LIST OF ABBREVIATIONS	xii
CHAPTER 1 INTRODUCTION	1
1.1 Background of study	1
1.2 Problem statement	5
1.3 Research objectives	8
1.4 Research hypothesis	8
1.5 Research questions	8
1.6 Significant of study	9
CHAPTER 2 LITERATURE REVIEW	11
2.1 Introduction	11
2.1.1 Skin structure	11
2.1.2 Extracellular matrix	18
2.1.3 Centella Asiatica	20
2.2 Phytochemical	22
2.2.1 Triterpenoid Saponins	25
2.2.2 Flavonoid	31

2.2.3 Phenols	32
2.3 Pharmacological	33
2.3.1 Antioxidant of Centella Asiatica	33
2.3.2 Function of antioxidant towards free radicals	
CHAPTER 3 METHODOLOGY	45
3.1 Materials and chemicals	45
3.1.1 Plant material collection	45
3.1.2 Chemicals	45
3.2 Methods	46
3.2.1 Sample preparations	46
3.2.2 Bioactive compound contained in C. asiatica	46
3.3 Antioxidant activity of <i>C. asiatica</i>	
3.3.1 Total Phenolic Content Assay (TPC)	47
3.3.2 DPPH Radical Scavenging Activity Assay	47
3.3.4 Statistical analysis	48
CHAPTER 4 RESULTS AND DISCUSSION	49
4.1 Maceration extraction (ME) method on extraction yield	49
4.2 Antioxidant	50
4.2.1 DPPH Scavenging Assay	50
4.2.2 Total Phenolic Content Assay (TPC)	53
CHAPTER 5 CONCLUSION AND RECOMMENDATION	56
5.1 Conclusion	
5.2 Recommendation	57