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THE EFFECTIVENESS OF FOOD BANK SISWA PROGRAM AMONG  
STUDENT OF UNIVERSITI TEKNIKAL MALAYSIA (UTeM)

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## ABSTRACT

Food bank is one of the government's efforts to ensure that people have adequate living conditions such as food. The program is run by a charitable organization that serves as a place to collect food donated by the food industry or the public to be distributed to the poor and needy for free. Meanwhile, the Food Bank Siswa that are the continuous program of the National Food Bank works to help provide food for students in need of less than RM3800 in family income also known as B40 group. The program will be extended to other public universities. In this study, researchers use descriptive studies where the researchers analyse using SPSS data by frequency analysis in measuring the demographic profile and the descriptive analysis in measure means scores of the impact which the results obtained from online survey questionnaire using Google Form. In addition, the researcher also used the means scores from the descriptive analysis to study how often students respond to the highest impact among the three identified impacts which are food insecurity, healthy diet and food poverty. The results of the study found that food insecurity was the most dominant from the three stated impacts. The implementation of a Food Bank Siswa is one of the strategies to eliminate hunger and lack of food security. The study was conducted to look at the extent to the Food Banks Siswa that are being implemented in Malaysia and also as a step towards improving food insecurity for needy students that had been identified by the university. From the results, it also shows that Food Banks Siswa have the potential to be implemented and expand to all public and private universities in Malaysia based on positive impacts that had been identified in the study.

**Key of Terms:** *Food Bank, Food Insecurity, Healthy Diet, Food Poverty*

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