### UNIVERSITI TEKNOLOGI MARA

# FORMULATION AND EVALUATION OF RICE BRAN OIL NANOEMULSION FOR COSMETIC APPLICATION BY USING SUCROSE MONOESTER

# SITI SYAHIRAH BT MD RADZI

Dissertation submitted in partial fulfillment of the requirements for the degree of Bachelor of Pharmacy

**Faculty of Pharmacy** 

October 2007

### **ACKNOWLEDGEMENT**

In the name of Allah S.W.T., the Most Gracious, Most Merciful and Most Compassionate. Alhamdullilah praise to Allah S.W.T. for giving me strength and ability to complete this thesis (PHM 555). I would never miss the opportunity to express my thanks to all those people that provided me with the information, guidance, comments, ideas, and skilled needed.

First of all, I would like to express my deepest gratitude and warmest appreciation to my supervisor, Mr. Tommy Julianto Bustami Effendi for his willingness to supervise, whose suggestion, and editorial expertise gave this research its present shape. Special debt gratitude is expressed to him. A special thanks is addressed to Pn. Liza Bt. Salleh for her great support, advice and suggestion. Also thank to my coordinator, Dr Kalavathy for her encouragement and guidance that she gave in completing and assuring the success of my project.

To my beloved family members, especially to my parents, for their faith, support, encouragement, and their constant prayer for me. May Allah S.W.T. grant us His Guidance.

I also would like to take this opportunity to sincerely thanks to all faculty's staffs, lab officers, lab assistants and research assistants, especially to Cik Maria Alkiftiah Bunasir, for her cooperation and helps.

Last but not least, my gratitude extending to all my friends, especially to my labmates; Farhan Akmal Mohd. Taha and Nor Suraida Abdul RAhman, and my classmates (PH210 part 07 Jul-Nov2007) for their encouragement, critics and support for this project.

Thank you very much.

## TABLE OF CONTENTS

| TITLE PAGE  | Page |
|---|------|
| APPROVAL SHEET  |      |
| ACKNOWLEDGEMENTS  | ii   |
| TABLE OF CONTENTS   | iii  |
| LIST OF TABLES  | V    |
| LIST OF FIGURES   | vi   |
| LIST OF ABBREVIATIONS   | vii  |
| ABSTRACT  | viii |
| CHAPTER ONE (INTRODUCTION)  | 1    |
| CHAPTER TWO (LITERATURE REVIEW)                                       | 5    |
| 2.1 Sucrose monoester as a surfactant/emulsifier in the nanoemulsions | 5    |
| 2.2 Application of sucrose monoester in cosmetic                      | 7    |
| 2.3 Pre-nanoemulsion gel  | 8    |
| 2.4 Properties of the nanoemulsion                                    | 9    |
| 2.5 Influence of HLB value in nanoemulsion                            | 10   |
| 2.6 Formation of nanoemulsion   | 11   |
| 2.7 The advantages of the nanoemulsion                                | 12   |
| 2.8 Composition of Rice Bran Oil                                      | 13   |
| 2.9 General benefit of Rice Bran Oil                                  | 14   |
| CHAPTER THREE (MATERIALS AND METHOD)                                  | 16   |
| 3.1 Materials   | 16   |
| 3.2 Instrumentations  | 16   |
| 3.3 Research method   | 16   |
| 3.3.1 Selected points of formulation on phase diagram                 | 16   |
| 3.3.2 Formulation of pre-nanoemulsion gel                             | 17   |
| 3.3.3 Droplet size analysis   | 18   |
| 3.3.4 Nano-sized region determination                                 | 18   |
| 3.3.5 Pre-nanoemulsion gel formulation for further studies            | 18   |
| 3.3.6 Preparation of nanoemulsion samples                             | 19   |
| 3.3.7 Droplet size and uniformity of droplet size distribution        | 19   |
| 3.3.8 Stability testing of nanoemulsion                               | 19   |
| 3.4 Result Analysis   | 20   |

### **ABSTRACT**

Nanoemulsions are a class of emulsions with fine droplet size in the range of 20-500nm. Nanoemulsions are not thermodynamically stable and because of that their characteristics will depend on the preparation method. The aim of this study is to investigate the effect of formulation and preparation variables of nanophase gel as pre-nanoemulsion over nanoemulsion properties. Prenanoemulsion formulation was first developed by varying sucrose monoester, glycerol/water (8:2) and safflower oil composition to form cubical liquid crystalline system or nanophase gel. Then an emulsion in nano droplet size was produced by the mixing of pre-nanoemulsion with distilled water under gentle and agitation. The effects of different mechanical energy on droplet size and stability of nanoemulsion were then determined with respect to the variation of sucrose monoester and safflower composition. Pre-nanoemulsion oil formulation uses sucrose monoester combination produces smaller droplet size. However, pre-nanoemulsion formulation uses single sucrose monoester unable to produce nanoemulsion as it may separate after promote to the water. In this study, there was no significant different in particles size in terms of using different mechanical energy which were homogenizer and stirrer. The main mechanism of this nanoemulsion breakdown by using high energy emulsification method might be due to coalescence phenomenon. In addition, destabilization of nanoemulsion in long term process could be attributed to Ostwald ripening.

### **CHAPTER 1**

#### INTRODUCTION

#### 1.1 Introduction

An emulsion is a system consisting of two immiscible liquid phases, one of which is dispersed throughout the other in the form of fine droplets. A third component, the emulsifying agent is necessary to stabilize the emulsion. The phase that is present as fine droplets is called the disperse phase and the phase in which the droplets are suspended is the continuous phase. Most emulsions will have droplets with diameters of 0.1µm-100µm and are inherently unstable system. Pharmaceutical emulsions usually consist of a mixture of an aqueous phase with various oils. If the oil droplets are dispersed throughout the aqueous phase the emulsion is term oil-in-water (o/w). A system in which the water is dispersed throughout the oil is water-in-oil (w/o) emulsion.

In this study, the emulsion that will be produce is oil-in-water emulsion which is containing nano size droplets. Basically nanoemulsions have the size range of 50 nm—1000 nm and they are kinetically stable systems with long term physical stability (against creaming or sedimentation, flocculation and coalescence). Nanoemulsions are easily formulated using proper choice of surfactants and/or polymers. Due to their small size they enhance penetration, spreading and will give uniform distribution on the substrate on which they are applied. These properties make nanoemulsion of interest for