



**A STUDY ON WORK-LIFE BALANCE AMONG FEMALE LECTURERS IN UITM
MALACCA CITY CAMPUS**

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TABLE OF CONTENT

| | Page |
|------------------------------------|-------------|
| TITLE PAGE | v |
| DECLARATION OF ORIGINAL WORK | v |
| LETTER OF TRANSMITTAL | v |
| ACKNOWLEDGEMENT | v |
| TABLE OF CONTENTS | v |
| LIST OF TABLES | vii |
| LIST OF FIGURES | ix |
| ABBREVIATIONS | x |
| ABSTRACT | v |
| | |
| CHAPTER 1 | |
| INTRODUCTION | |
| 1.0 Background of the Study | 1 |
| 1.1 Problem Statement | 4 |
| 1.2 Research Questions | 6 |
| 1.3 Research Objectives | 6 |
| 1.4 Significant of Study | 7 |
| 1.4.1 Future Researcher | 7 |
| 1.4.2 Organization | 7 |
| 1.4.3 Educator | 8 |
| 1.5 Definition of Term | 8 |
| 1.5.1 Work-Life Balance | 8 |
| 1.5.2 Workload | 8 |
| 1.5.3 Role Ambiguity | 8 |
| 1.5.4 Working Environment | 9 |
| 1.5.5 Working Hours | 9 |
| 1.6 Research Limitation | 9 |
| 1.6.1 Cooperation from Respondents | 9 |
| 1.6.2 Limited Sample Size | 10 |
| 1.6.3 Scarcity of Resources | 10 |

| | |
|---|----|
| 1.7 Conclusion | 10 |
| CHAPTER 2 | |
| LITERATURE RIVIEW | |
| 2.0 Introduction | 11 |
| 2.1 Work-Life Balance | 11 |
| 2.2 Workload | 13 |
| 2.3 Role Ambiguity | 14 |
| 2.4 Working Environment | 16 |
| 2.5 Working Hours | 17 |
| 2.6 Conceptual Framework | 19 |
| 2.7 Hypothesis | 20 |
| 2.8 Conclusion | 20 |
| CHAPTER 3 | |
| RESEARCH METHODOLOGY | |
| 3.0 Introduction | 21 |
| 3.1 Research Design | 21 |
| 3.2 Population and Sampling | 22 |
| 3.3 Research Instruments | 23 |
| 3.4 Data Collection Methods | 25 |
| 3.5 Data Analysis | 25 |
| 3.5.1 Descriptive Analysis | 25 |
| 3.5.2 Pilot Test | 26 |
| 3.5.3 Pearson Correlation Analysis | 28 |
| 3.6 Conclusion | 29 |
| CHAPTER 4 | |
| FINDINGS AND DISCUSSION | |
| 4.0 Introduction | 30 |
| 4.1 Frequencies Analysis of Demographic | 30 |
| 4.1.1 Gender | 31 |
| 4.1.2 Highest Educational Qualification | 32 |

ABSTRACT

The purpose of this research is to study work-life balance among female lecturers in UiTM City Campus, Malacca. It is known that educational industry is important for countries development. In this research, independent variables such as excessive workload, role ambiguity, working environment and working hours are being discussed to determine their correlation with work-life balance.

There are total 92 sets of electronic questionnaire (Google Form) had been emailed to female lecturer and total number of 62 sets questionnaire had been collected. The sample was obtained by using the convenience sampling technique in which gathering of information from the all female lecturers in UiTM City Campus, Malacca. Based on all the result of this study, all independent variable (workload, role ambiguity, working environment and working hours) have significant relationship with dependent variable (Work-Life Balance).

For future study, there are few other stressful professions such as firefighter and airline pilots are recommended. Furthermore, if future studies are focusing in educational industry, they can emphasize on special education teachers such as the teachers who teach disable students.