



**FACTORS THAT GIVE STRESS AMONG THE HUMAN RESOURCES
STUDENTS IN UiTM MELAKA CITY CAMPUS**

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ABSTRACT

Stress is something that we cannot avoid. Stress can happen for everyone. As a students, they also faced with the stress. There are several factors of stress. Therefore, this research was conducted to analyse the factor that give stress among students. The research objective for this research are to identify the relationship between financial problem and stress, to determine the relationship between family matters and stress, to identify the relationship between emotional stability and stress, to find the relationship between workload assingment and stress and lastly to find the most factos that influencing stress among Human Resources students in UiTM Melaka City Campus. In order to achieve this all objective the research were using 80 rsample size of the population. The data were analysed by using Reliability Test, Descriptive Statistics and Pearson Correlation. The result shows that the financial problem is the most factor that given stress to students. Financial problem happen when they did not know how to manage their money. It is also a few of student did not get money from their parents for something that need to buy and only have their own money to buy something. That money they use come from loans such as PTPTN. They also faced with financial problem when they did not know how to pay that debts when they did not perform well in their studies. So, financial problem one of the main factor that given stress to them.