



**INFLUENCE OF JOB STRESS FACTORS TOWARDS
JOB PERFORMANCE OF MAESTRO LABORATORIES
SDN BHD EMPLOYEES**

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JULY 2018

ACKNOWLEDGEMENT

In the name of Allah, the Most Compassionate, the Most Merciful

Praise be to Allah S.W.T, the Al-Mighty for giving me the strength and patience to complete this study successfully within the period given. This is a great blessing indeed.

I would like to acknowledge the invaluable support of my advisor, Madam Zainah Binti Jalil for her encouragement, critique, suggestion and dedicated guidance all through this research project. Her kindness in sharing expertise, experience and knowledge were a constant source of inspiration in doing my research that greatly improved the quality of this research paper.

Further, I could like to dedicated my appreciation for my supervisors Puan Nurul Ismafizah Bte Dirun and all staff of Maestro Laboratories SDN BHD for their great support, understanding and mutual aid during our internship training from 1st February 2018 until 25th May 2018.

I am highly appreciate the effort and many sacrifice made by my parents, bin and Binti in order to complete this research paper and also ensure I got the best education that they could secure with their little sources.

I also wish to thank my classmates for their support, sharing information, and critique without which this paper couldn't have been complete. Finally, I would like to extend this appreciation to all that have directly and indirectly contribute invaluable assistance, cooperation and support in the completion of this research.

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ABSTRACT

The achievement of high job performance is an important thing for all companies to maintain their company's image in a long period of time. However, in order to achieve it, there are many factors that may restraint it. One of it is stress. Most of the study showed that worker who faced with the high pressure and stress at the workplace has a lot of negative impact rather than positive effect such as may lead to a low job performance. Hence, it is important for the company leader or manager to identify the factors of stress that may lead to job stress which subsequently will affect the job performance of the employees. Therefore, research is being conducted to study the influence of five stress factors which are role overload, role conflict, relationship at work, compensation or salary and work-family conflict on job performance. The questionnaire had been distributed to the employees of Maestro Laboratories Sdn Bhd. From 90 of the employees populations, 73 of them had been selected as a respondents using sampling random sampling techniques. All the questionnaires are 100% have been successfully collected by the researcher. The data was then being analyzed by using the Statistical Package for the Social Science (SPSS). The result showed that from five independent variables which is being choose, role overload, role conflict, relationship at work and compensation or salary are found having significant relationship with the job performance. While, work-family conflict was not having a significant relationship with the job performance.