



**THE FACTORS OF WORK-RELATED STRESS INFLUENCING EMPLOYEE'S
PERFORMANCE**

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JULY 2020

ACKNOWLEDGEMENT

Alhamdulillah, all praise is due to Allah S.W.T for easing the path and His blessings in order for me to complete this final year project.

I would like to thank several kind-hearted individuals who have helped me in completing this final year project. First and foremost, I want to take this opportunity to record my gratitude to my advisor, Madam Noor Rafhati binti Romaiha for the endless comments, wise advices and helpful guidance in the preparation of this report and the whole project paper.

Next, my gratitude goes to my supervisor back in my internship period, Puan Raja Faizah binti Raja Soh for giving me the opportunity to learn and provide me with useful tasks that I can consider my best experience for me to feel how the real working environment looks like. Her supervision has helped me a lot during my internship period.

Not to forget, the respondents from RHB Bangi Complex for the cooperation and time to fill in the survey distributed to them, my fellow friends who willing to share knowledge as well as my family who had given me the moral support to encourage me in the completion of this final year project.

I am truly thankful with their help because without these individuals help and support, it is impossible for me to complete this assignment according to the given.

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ABSTRACT

The performance of employees is very important to organization as the reflection on how well the organization is being administered. To ensure the performance of employees are at the peak, it is important for organization to provide a stress-free working environment. To have a less stressful working environment has become every employee's dream to ensure their well-being. However, this is still a distant dream to employees because most of them cannot achieve a healthy working environment because there are not many initiatives taken by organization to assure that employees are healthy and satisfied with the given responsibilities. This study is conducted to identify the factors of work-related stress influencing employee's performance among employees of IT division in RHB Bangi Complex. A sample of 70 employees have been collected for the questionnaire survey. This study would analyse the relationship between employee's performance and factors of work-related stress which are work overload, role conflict and monetary rewards.