THE RELATIONSHIP BETWEEN TIME MANAGEMENT AND JOB PERFORMANCE TOWARDS SUPPORT STAFF AT HOSPITAL SULTANAH NUR ZAHIRAH (HSNZ)

SITI NOR YUSMA BINTI MOHD YUSOF

BACHELOR OF OFFICE SYSTEM MANAGEMENT (HONS.)
UNIVERSITI TEKNOLOGI MARA (UiTM)

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ABSTRACT

The purpose of this study is to investigate the relationship between Time Management and Job

Performance among support staff in Hospital Sultanah Nur Zahirah (HSNZ), Kuala Terengganu.

The scope of this study were support staff in Hospital Sultanah Nur Zahirah (HSNZ). The Time

Management divides by three important elements which are planning, goal setting and

prioritizing. The method used at the beginning was pilot test. After pilot testing, the actual test

were conducted and questionaire were given to support staff by using simple random sampling

technique. The findings indicate that there are positive relationship between Time Management

and Job Performance. Based on the result, the Pearson's correlation is .501 so it is considered as

moderate relationship. Time Management helps support staff will be more organized and

discipline because they are able to do their work efficiently. So, it is clearly shows that by

planning it can lead to the good job performance. In order to make support staff realize how

important Time Management and Job Management are, the company which is Hospital Sultanah

Nur Zahirah (HSNZ) should take an action to encourage them such as organize campaign or

training to let them aware the important of Time Management and Job Performance.

Keywords: Time Management, Job Performance

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