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STUDIES**



**ACADEMIC GRIT AND IT'S IMPACT ON STUDENT LEARNING  
IN UITM SARAWAK BRANCH**

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## **Abstract**

Student learning is reflected in their academic achievement, which aims to bring about some changes in areas like knowledge, understanding, application, analytical power, synthesis, and evaluation. The purpose of this study is to investigate the academic grit on full time student learning in UiTM Sarawak Branch. This study will sample from around UiTM Sarawak Branch with a proposed sample size of 361 persons. The research data will be gathered using distribution of questionnaires will be send to full-time student of respondents. It is to determine the relationship between academic grit and student among male and female student in UiTM Sarawak Branch which are from Campus 1 & Campus 2.

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## CHAPTER 1

### INTRODUCTION

#### 1.1 Introduction

Student learning is reflected in their academic achievement, which aims to bring about some changes in areas like knowledge, understanding, application, analytical power, synthesis, and evaluation. In higher education, especially in universities, due to the fact that students must put up their own effort which is the learning process is crucial. The practice was effortful and rewarding in terms of achieving their greatest potential toward their goals. According to (Reed, 2017), grit encompasses behaviors and traits often desirable in the workforce where knowledge management and competitive advantage are increasingly important competencies and capabilities. Grit is one of the personality qualities that explains one's capacity to sustain resolve and motivation for an extended period of time in the face of failure or adversity (Duckworth et al., 2007). In a variety of contexts and over the course of a person's life, grit has been found to contribute to success. It is also related to a behavior of the individual student that can be learned which is grit is frequently seen as a personality trait or component of one's character. Duckworth et al. (2007) defined grit into two categories: 1) consistency of interest, defined as the ability to maintain interest in one's purpose; and 2) perseverance of effort, defined as individuals who are not afraid to face setbacks or obstacles in achieving their ambitions and work hard to achieve their long-term goals. Because of the COVID-19 epidemic, universities were shuttered and locked down, yet most instructors and students welcomed the change to online education. Furthermore, grit affected college students' well-being through resistance during Covid-19 outbreaks. As a result, lecturers, universities, and social departments should create a better learning environment for university students, pay more attention to cultivating and improving individual grit, value students' resilience and provide timely treatment, and try to reduce the negative effects of stressful life events that university students may encounter in their lives, in order to improve students' overall well-being.

## **CHAPTER 2**

### **LITERATURE REVIEW & CONCEPTUAL FRAMEWORK**

#### **2.1 Introduction**

Research has been involved in area study with its own set of concepts and phrases, much like other fields of study. This chapter provides a literature review of some academic grit and student learning experiences by the student. The purpose of this study was to examine the relationship between academic grit and student learning in UiTM Sarawak Branch. This chapter also highlights the academic grit of the students and how their student learning process. Towards the end of the chapters, the researchers will discuss the conceptual framework of the research study, and finally on the summary of the chapter.

#### **2.2 Theory of Social Learning**

Theory of Social Learning is a theory that explains prediction behavior. In this theory, the concepts which are behavior potential, modeling behavior and reinforcement. These variables and the relationships may be conveniently stated. According to McLeod (2011), this theory of social learning, also known as social cognitive theory, is a psychological theory. It emphasizes the importance of observational learning and modelling, as well as the impact of social influences on human behavior. Individuals learn by observing and imitating others, and their behavior is influenced by the consequences they observe others experiencing, according to this hypothesis. This theory has three components which are academic grit, student learning and academic achievement.

The social learning theory suggests that academic grit which is refers to the perseverance and passion for long-term goals in an academic context, can be influenced by social factors. Individuals learn and develop grit by witnessing and modelling the behavior of others, as well as by the reinforcement and encouragement they receive from their social surroundings, according to this notion. In addition, when a student witnesses a peer who continuously puts in effort, stays